

# EXPLORE!

## TRIP NOTES



### Comfort Itinerary Version (TMEG3)



TRIP DURATION  
**10**  
DAYS



**Tour Type:** Tailormade

**Trip Code:** TMEG3

### Trip Essentials

**Accommodation:** 1 night Comfortable Hotel

**Included Meals:** 9 breakfasts, 3 lunches, 3 dinners

**Transport:**

**Countries:** Egypt

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## Tailormade Nile & Ancient Egypt

### Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

## Your trip itinerary

### Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

### Your Tour Leader

A Tour Leader is an integral part of any Explore tour and your tour will be led by one of our experienced tour leaders who have been handpicked and expertly trained. We believe that our Tour Leaders are the key to the success of our tours; they are passionate travellers who are bursting with first-hand local knowledge which they love to share. Your tour Leader will also take care of all the planning and organisation throughout your journey. Their passionate approach will make this tour fun and inspiring, bringing the destination to life whether you're travelling alone or with others.

### DAY 1 Fly to Cairo

Depart the UK and fly to Cairo. Cairo is a vibrant, exhilarating, exotic, fascinating and welcoming city, home to the best Pharaonic, Coptic and Islamic sites in Egypt. On arrival you will be met and transferred to your hotel.

### Why Book this trip?

The most popular time to visit Egypt is from October to May. Nights will be cool and most days warm and sunny, although in December and January daytime temperatures can be cool. In the summer months temperatures can reach over 40 degrees Celsius but planning your day effectively can mean avoiding the masses and enjoying a less crowded visit to some of the most popular sites in the world. Temperatures in the desert can vary between day and night, being very hot during the day but much cooler once the sun goes down.



 **Included Meals:** None

## DAY 2 Cairo sightseeing

Africa's largest capital, Cairo, is situated mainly on the east bank of the Nile. Today you begin your Egyptian adventure with a visit to the Pyramids and Sphinx; among the most impressive man-made spectacles in the world. The complex includes the Great Pyramid of Cheops, the Pyramid of Chephren and the Sphinx, a crouching lion with a human head carved from solid rock and the splendid Granite Temple. After the Pyramids, head to the Egyptian Museum, a spectacular repository of some 120,000 items encompassing all aspects of the world of the ancient Egyptians; from ornate jewellery and towering granite statues, to creepy mummified remains and, of course, the remarkable golden treasures of Tutankhamun himself. Late this afternoon, transfer to the airport and fly to Aswan.

Overnight: **Comfortable Hotel**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 3 Nubian Village

This morning is free for you to relax or explore the souks and try out your bartering skills. This afternoon you visit a Nubian Village to get a taster of traditional life in Egypt.

 **Included Meals:** Breakfast

## DAY 4 St Simeon's Monastery

Aswan is Egypt's most southerly city and is traditionally regarded as the frontier post of Upper Egypt. Sited on the east bank, just below the First Cataract, it is the meeting point of Arab culture with Nubia and Black Africa. Today you will be transported to St Simeon's by camel, your very own 'ship of the desert'. One of the largest Coptic monasteries in Egypt, St Simeon's was built in the 7th century and finally abandoned in the 13th century. It now sits in splendid isolation at the end of a desert valley, an impressive sight, looking more like a desert fortress than a place of worship.

 **Included Meals:** Breakfast

## DAY 5 Start your Nile cruise

A Nile cruise is one of the world's greatest river cruises; its palm-fringed desert scenery has been depicted in countless films over the years. Relax and enjoy as the landscapes pass by from the comfort of your chosen riverboat. Board your riverboat and set sail for the first of many sight - Aswan High Dam. Your explorations continue to Philae Temple, situated on a picturesque island in the Nile and the Unfinished Obelisk.

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 6 Kom Ombo

Today you cruise to Kom Ombo. Situated on the bank of the river, this temple is particularly unique because it is dedicated to two gods; Haroeris and Sobek, the crocodile god. It is thought that this part of the Nile used to have a large crocodile population, hence the dedication to Sobek. Afterwards, you continue sailing to Edfu, the largest Egyptian temple after Karnak. The falcon-headed god Horus guards the temple dedicated to him which is in almost perfect condition. In fact the temple is unusual in that its roof has survived over the years.

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 7 Luxor and Karnak Temples

Cruise to Luxor Temple, a breathtaking site on the Nile's east bank. You'll then continue by calesh (horse drawn carriage) to the stupendous Temple of Amun at Karnak, the labour of numerous pharaohs. Begun about 2000 BC, this vast temple was still being added to in Cleopatra's time (1st century BC). Today these temples are part of an UNESCO World Heritage Site.

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 8 Luxor

Today you disembark your cruise ship and have a free day. You may choose to relax by the pool at your hotel or maybe take an optional visit to the temples of Abydos and Dendara where you can access the roof for great views of the countryside.

 **Included Meals:** Breakfast

## DAY 9 Valley of the Nobles

Today you have a half day trip to the little visited Valley of the Nobles with its 400 tombs and Valley of the Workers to see where the labourers lived while building the tombs. You also visit Medinat Habu with its fabulously bright preserved paintings.

 **Included Meals:** Breakfast

## DAY 10 Fly to the UK

This morning you transfer to the airport for your flight home, via Cairo.

 **Included Meals:** Breakfast

## Accommodation and Meals

### Food & Drink

Included meals: 9 breakfasts, 3 lunches, 3 dinners included in the price of this trip. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

## Budgeting for your Trip

You will need some extra money to cover meals and drinks not included in the trip price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

### Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

#### Egypt

**Lunch £:** 6.00

**Dinner £:** 8.00

### Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.

#### Egypt

**Bottle of Beer £:** 1.70

**Water £:** 0.75

## Foreign Exchange

### Egypt

**ATM Availability:** You may also bring an ATM card, as these are available in main towns.

**Credit Card Acceptance:** Credit cards are rarely accepted.

**Travellers Cheques:** You may find it useful to bring some Travellers Cheques as a back up.

**Local Currency:** Egyptian Pound

**Recommended Currency for Exchange:** We recommend that you bring your money in cash, £GBP, US\$ or Euros which are readily changeable.

**Where to Exchange:** Most major towns - your tour leader will advise you on arrival.

## Joining your Trip

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at [www.explore.co.uk](http://www.explore.co.uk), in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Important Information

### Travel Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

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The Adventure Travel Experts

CAMPBELL IRVINE  
DIRECT TRAVEL INSURANCE



Travel Insurance is essential. If you have not already arranged cover, please contact our recommended Travel Insurance providers [www.campbellirvinedirect.com/Explore](http://www.campbellirvinedirect.com/Explore) who offer Travel Insurance specifically designed to cover travel with Explore or call **Campbell Irvine Direct** on Tel: 020 7938 1734

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## Travel Aware

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at [www.explore.co.uk/travel-safety](http://www.explore.co.uk/travel-safety)

We strongly advise that you register with the FCO to receive updates to the travel advice for your chosen destination. A hard copy of the current FCO Travel Advice for your chosen destination is available by contacting [cr@explore.co.uk](mailto:cr@explore.co.uk) or 01252 379438.

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## Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

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## Vaccinations & Protection

### Egypt

Nothing compulsory but we recommend protection against typhoid, tetanus, infectious hepatitis and polio. Though malaria does exist in Egypt it is not normally found in the areas in which we travel. Please note that all travellers aged over 9 months old will be required to supply a yellow fever certificate if you have travelled from or have transited via a country with a risk of yellow fever transmission. For the most up to date advice please consult your travel clinic.

## Preparing for your Trip

## Climate

### Egypt

Egypt's climate is hot and dry, typical of a desert environment. In summer it can be very hot and remains hot overnight whereas winter days are milder by comparison and temperatures can drop considerably at night. The mildest area is along the Mediterranean coast with temperatures ranging from 23-31°C in summer and 10-17°C in winter. In the desert region temperatures fluctuate in summer dropping as low as 7°C at night and up to 40°C during the day and in winter it can vary from 0°C at night to 18°C in the day. Aswan is one of the hottest cities with Cairo and Alexandria generally slightly cooler. Egypt receives very little rainfall annually and rainfall in summer is very rare.

Luggage allowance on trip:

Unfortunately it does occasionally happen that luggage does not always reach its destination on the same flight as its owner, or possibly it may be damaged in transit. If you are unlucky enough for this to occur, it is important that you file a PIR (Property Irregularity Report) with the airline before leaving the airport. This is essential when you come to make a claim either against the airline or from your travel insurance company

## General Information

## Country details

### Egypt

**Population:** 81,015,887

**Size of Country:** 1,002,450 sq km

**Major Language:** Arabic

**Religion:** Islamic, Christian

**Time Difference to GMT:** +2

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## Electric Supply & Plugs

### Egypt

2 Pin Round

## Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award winning tour leaders who you can trust.

- Responsible travel is and always has been one the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, or any number of unusual forms of transport. Often you will stay in family run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to – and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

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### Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants, allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

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### Earth Matters

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people) and have recently supported women's cooperatives in Borneo and Morocco. We are a member of Tourism Concern's Ethical Tour Operator Group ([www.tourismconcern.org.uk](http://www.tourismconcern.org.uk)) and support their campaign for fair and ethical tourism. We also care passionately about the world's wildlife and actively support and promote the Born Free Organisation and Mahouts Elephant Foundation.

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## Booking Your Holiday

### Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

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### Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking

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### 100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2016 and 31st December 2017.

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### Trip Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 3 itinerary versions are applicable to tours departing in 3. 4/ itinerary versions are applicable to tours departing from 1st January to 31st December 4.

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