

# EXPLORE!

## Tour Notes



### China Explorer (QCE 2015)



TOUR DURATION  
**9**  
DAYS



**Tour Style:** Simply

**Tour Pace:** Busy

**Tour Type:** Small Groups

**Tour Comfort:** Simple

**tour Code:** QCE

#### Tour Highlights - China Explorer

- ✓ Beijing - Walk along the incredible Great Wall at Mutianyu. Free time to explore the Forbidden City and Temple of Heaven
- ✓ Xian - Visit the thousands of warrior statues which make up the Terracotta Army
- ✓ Suzhou - Relax on the traditional walled city of Suzhou, famous for immaculate sculptured gardens
- ✓ Shanghai - Explore the modern heart of China

#### Tour Essentials

**Accommodation:** 6 nights Simple Hotel  
2 nights Basic  
Overnight Train

**Included Meals:** 0 breakfasts, 0 lunches, 0 dinners

**Start Point:** Join tour: Beijing

**End Point:** Tour ends: Shanghai

**Transport:** Bus, Train

**Countries:** China

## China Explorer

Travelling by local transport and staying in simple hotels, we experience everyday life in modern China. We also discover imperial China's most famous cultural highlights including the Forbidden City in Beijing, the Great Wall at Mutianyu and the Terracotta Army in Xian. We finish the trip exploring the vibrant streets of Shanghai, China's most cosmopolitan city.

### Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

### Tour Comfort: Simple

These are often small, family run establishments or campsites which provide a no-frills experience with adequate amenities and service standards. Sleeping arrangements are simple, typically with en suite facilities.

### Tour Style: Simply

If your idea of adventure travel is to experience everyday local life in a country then try one of our Simply Explore tours. These grassroots adventures are flexible, affordable and fun

### Tour Pace: Busy

There may be early starts, long journeys and tiring days along the way, but you'll return home feeling you've really experienced as much as you possibly could.

## Your tour itinerary

### Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

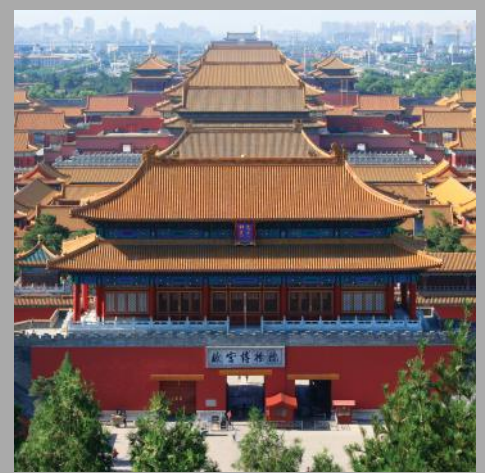
### Your Tour Leader

A Tour Leader is an integral part of any Explore tour and your tour will be led by one of our experienced tour leaders who have been handpicked and expertly trained. We believe that our Tour Leaders are the key to the success of our tours; they are passionate travellers who are bursting with first-hand local knowledge which they love to share. Your tour Leader will also take care of all the planning and organisation throughout your journey. Their passionate approach will make this tour fun and inspiring, bringing the destination to life whether you're travelling alone or with others.

### DAY 1 Join tour Beijing

Arrive in Beijing and check-in to the hotel.

Overnight: **Simple Hotel**  
**Single Room Available**



 **Included Meals:** None

## DAY 2 Discover the sights of Beijing; including the Forbidden City

Beijing is the political and cultural centre of this vast country. Today you will have free time where you can choose to do a number of things. You may wish to wander across Tiananmen Square into the iconic Forbidden City, the one-time home of the Ming and the Manchu (Qing) emperors and the largest and best preserved collection of ancient buildings in the whole of China. Alternatively you could visit the Temple of Heaven or just walk through the Hutongs in the area.

Overnight: **Simple Hotel**  
**Single Room Available**

 **Included Meals:** None

## DAY 3 Walk the Great Wall before catching a sleeper train to Xian

It's a busy day today as we drive out of the city to Mutianyu to visit the Great Wall. Its construction commenced in the 3rd century BC by Shi Huangdi, thousands of conscripted workers laboured on it and many lie buried in its brick and stone ramparts. Returning to Beijing we are scheduled to leave the city this evening on the sleeper train. The main railway station is a hive of activity.

Overnight: **Basic Overnight Train**

 **Included Meals:** None

## DAY 4 In Xian; Visit the Old Ming Dynasty City Wall

We arrive in Xian in time for breakfast. We make the short journey from the train station on foot. Our stay in Xian reveals the extraordinary continuity of Chinese civilisation. Xian (Changan) served 11 dynasties and was the very starting point of the Silk Road between Central Asia and Europe. Its ancient monuments include the Great Mosque, a wonderful 15th century working mosque within the old muslim Hui District. There is also the option to visit the Big Wild Goose Pagoda, a 7-storey high structure with a superb overview of the city.

Overnight: **Simple Hotel**  
**Single Room Available**

 **Included Meals:** None

## DAY 5 Explore the Terracotta Army; overnight train to Suzhou

Today we take the public bus and visit one of the highlights of any visit to China - the magnificent Terracotta Warriors and Horses who guard the Qin Shi Huangdi Tomb. There are literally thousands of lifesize warriors, dating from 200BC. This dramatic find of the 1970s is considered one of the greatest archaeological discoveries of the century. We should have time to stop at the on-site factory to see how the warriors are made today. In the early evening we take the overnight sleeper train to Suzhou.

Overnight: **Basic Overnight Train**

 **Included Meals:** None

## DAY 6 Optional boat ride along Suzhou's canal's

Suzhou sits astride the Grand Canal which was completed in 610AD and linking the Yellow River with the Yangtse, and Beijing with Hangzhou, the 1,800 km Grand Canal was a magnificent engineering feat. Over the centuries it has transported food north from the fertile lands in the south. Over 2,500 years old, Suzhou is sometimes called the 'Venice of the Orient' with a series of bridges, canals and ancient buildings. But a little of Suzhou's special magic lies in its famous gardens, perhaps the most beautiful in all China. This afternoon we have time to explore this lovely old town with the option to take boat ride on the pretty canals or visit to the large 'Humble Administrator's Garden' which has streams, ponds and beautifully decorated pavilions scattered throughout. Here water reflects land and provides a fresh tableau at every turn.

Overnight: **Simple Hotel**  
**Single Room Available**

 **Included Meals:** None

## DAY 7 Enjoy the beautiful garden in Suzhou; bullet train to Shanghai

We continue our exploration of the town. There is time to make an optional visit to the 'Lingering Garden' which features a man-made mountain and lake, garden courts and elegant buildings, a real contrast to the garden from yesterday. Early afternoon we catch the

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train to Shanghai. Shanghai is one of Asia's most vibrant and dynamic cities. It began as a fishing village in the 11th century, but after the end of the first opium war and of the five newly opened treaty ports Shanghai soon became the most cosmopolitan city, with Asian, Russian, European and Jewish influences. Here were cabarets and ballrooms, fine shops and satirical newspapers, and with such style and influence Shanghai was dubbed the 'Paris of the Orient'. Today its elegant past is still noticeable as you walk down 'the Bund'.

Overnight: **Simple Hotel**  
**Single Room Available**

 **Included Meals:** None

## DAY 8 Optional visit to the Oriental Pearl TV and Radio Tower

Time in Shanghai is left free for your own exploration. You may wish to visit the 16th century Yu Yuan Gardens or stroll along the Bund.

Overnight: **Simple Hotel**  
**Single Room Available**

 **Included Meals:** None

## DAY 9 Tour ends in Shanghai

Our tour ends this morning.

 **Included Meals:** None

## Accommodation and Meals

### Accommodation Rating

During the tour we spend two nights on overnight sleeper trains. These are a great way of travelling between cities without losing precious time in the day for exploring with the added bonus that we will get to meet locals as we travel.

We use cabins with six bunk beds, three on either side. There are curtains at the end of the cabin for privacy. There is space in each cabin for bags, under the bottom bunk. We suggest a soft duffel style bag or a rucksack as they offer more flexibility than a suitcase. There are toilets in each train carriage, usually Asian style squat toilets although some trains do now have a western style toilet as well. We are likely to be sharing our cabins with non Explore travellers giving us plenty of time to learn about local life during the journey.

The majority of hotels in China offer check in from 12noon. On days where we will arrive on a sleeper train the Tour Leader will try and arrange an early check in for the group, however this may not be possible.

### Food & Drink

Included meals: 0 breakfasts, 0 lunches, 0 dinners included in the price of this tour. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

## Budgeting for your Tour

You will need some extra money to cover meals and drinks not included in the tour price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

### Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

### China

**Lunch £:** 5.00

**Dinner £:** 10.00

### Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.

## China

**Bottle of Beer £:** 2.00

**Water £:** 1.50

## Other Sightseeing & Activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations.

Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

## Optional Excursions

Beijing Forbidden City - £6

Hutong Tour £13

Temple of Heaven £3.50

Cable car at Mutianyu £6

Xian Shaanxi National Museum, entrance free of charge, City wall by bike £10, Cultural performance & dumpling banquet £30

Suzhou Administrators Garden £6, canal boat trip £8

Shanghai Acrobatic performance £28. Cruise on Huangpi River, £10 Museum £5

## Tipping - Tour Leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

## Tipping - Local Crew

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

## Foreign Exchange

### China

**ATM Availability:** All major towns.

**Credit Card Acceptance:** Most major restaurants and stores.

**Travellers Cheques:** Travellers cheques can be changed in Hong Kong and at the Bank of China in all major cities but only during bank opening hours. Please note this is very time consuming and is not recommended.

**Local Currency:** Renminbi/Yuan

**Recommended Currency for Exchange:** Either EUR, USD or GBP.

**Where to Exchange:** In all towns - your Tour Leader will advise you on arrival. When changing money ask for a receipt so you can change Yuan back into your own currency when leaving China.

## Joining your Tour

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at [www.explore.co.uk](http://www.explore.co.uk), in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

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## Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Important Information

### Travel Insurance

It is a condition of joining any of our tours that you must have valid travel insurance. It must indicate that you have cover for (at least) medical expenses and emergency repatriation in the event of illness or injury. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling in England and Scotland. We also strongly recommend your policy includes curtailment, personal effects and cancellation protection as all deposits paid are non-refundable. You will also need to ensure your travel policy covers you for all activities you intend to do whilst on tour.

We are delighted to include FREE travel insurance **for all qualifying customers** who book an Explore trip from 01 January 2015.

For more information about Travel insurance and to check whether you are eligible to receive free cover, please visit [www.explore.co.uk/insurance](http://www.explore.co.uk/insurance). Explore Worldwide Ltd are an Appointed Representative of Campbell Irvine Limited, who are authorised and regulated by the Financial Conduct Authority. The registration number can be checked by visiting the the FCA's website [www.fca.gov.uk](http://www.fca.gov.uk) or by contacting them on 0800 111 6768.

### Visa Information

China: A visa is required by all nationalities. A single entry visa should be arranged in advance of travel, this can be obtained through Explore's recommended visa service in the UK; Visaswift, at <http://www.visaswift.com/explore.aspx>.

Other nationalities should consult their local embassy or consular office.

Passengers wishing to extend their stay in China should be aware that current visa regulations only allow foreigners to stay in the country for up to 30 days. Please consider this when planning your trip.

All visa information is subject to change. You should confirm all visa related questions with the relevant Embassy prior to departure.

### Vaccinations & Protection

#### China

Nothing compulsory, but we recommend protection against malaria, infectious hepatitis, typhoid, tetanus and polio. Consult your travel clinic for latest advice on different prophylaxis available against malaria. Travellers may wish to take immunisation against Japanese Encephalitis. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

## Preparing for your Tour

### Climate

#### China

China has primarily a temperate climate, with a wide spectrum of extremes due to its huge area. Summer months are hot and rainy though in the south the climate is tropical and we can experience rain at any time of the year, often falling in sharp tropical rain-storms which are heavy but short lived. Winter is colder and drier, temperatures in Beijing can be as low as -12c.

### Clothing

Lightweight raingear is required all year round. For winter departures warm sweaters, gloves, scarf, hat, warm coat, thermal underwear will be required.

### Equipment

You will need a good insect repellent, suncream, sunglasses, sun hat a small torch and a personal water bottle.

### Footwear

Comfortable shoes and sandals.

### Luggage: On Tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

Please note that luggage space on the sleeper trains is limited. Bags are stored either under the bottom bunk or in an overhead section at the end of each berth. Soft bags are more suitable for train travel in China. You will need to carry your own luggage at train stations so please bear this in mind when packing.

Luggage allowance on tour: 20kg

## General Information

### Country details

#### China

**Population:** 1,339,724,852

**Size of Country:** 9,640,821 sq km

**Major Language:** Mandarin

**Religion:** Mainly Buddhist

**Time Difference to GMT:** +8

### Electric Supply & Plugs

#### China

3 Pin Flat

## Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award winning tour leaders who you can trust.
- Responsible travel is and always has been one of the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, elephant, or any number of unusual forms of transport. Often you will stay in family run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to – and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

### Our commitment to the environment

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures and traditions, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people), Dekamer (a turtle rescue centre in Turkey) and Kids Saving the Rainforest (a wildlife rescue centre in Costa Rica supported through the LATA foundation). We also care passionately about the world's wildlife. We are patrons of the Born Free Organisation and Friends of Conservation.

### Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants, allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

### Earth Matters

#### • [The Travel Foundation](#)

Explore are active members and supporters of the Travel Foundation which has established a variety of sustainable tourism projects in destinations and works with industry to improve practice. Visit their website [www.thetravelfoundation.org.uk](http://www.thetravelfoundation.org.uk)

#### • [Tourism Concern](#)

Explore support the work of Tourism Concern who campaign for fairly and ethically traded tourism, and are part of its Ethical Tour Operator Group [www.tourismconcern.org.uk](http://www.tourismconcern.org.uk)

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- For further information on responsible travel go to <http://www.explore.co.uk/ResponsibleTourism/>

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## Know before you go

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at <http://www.explore.co.uk/essential-travel-information/travel-resources/travel-safety>

## Booking Your Holiday

### Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

### Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking

### 100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2014 and 31st December 2015.

### Tour Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2015 itinerary versions are applicable to tours departing in 2015. 2016/17 itinerary versions are applicable to tours departing from 1st January to 31st December 2016.

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