

# EXPLORE!

## TRIP NOTES



### The Lycian Way (LW 2017)



TRIPDURATION  
**8**  
DAYS



**Tour Style:** Classic  
**Accommodation**  
**Grade:** Standard

**Tour Type:** Small Groups  
**Trek Grade:** Moderate

**Trip Code:** LW

#### Trip Highlights - The Lycian Way

- ✓ Lycian Way - Walk unspoilt coastal and mountain paths with breathtaking views down to the Turquoise Coast
- ✓ Kayakoy - Visit the deserted Greek village of Kaya Koyu, subject of Louis de Bernieres' book Birds Without Wings
- ✓ Local villages - Discover traditional hill villages and be a guest in village guesthouses
- ✓ Patara - Explore Patara's Roman ruins (birthplace of Saint Nicholas) and the stunning golden sand beach
- ✓ Kas - Hike to the ancient port of Aperlae and visit the beautiful Kekova Bay, with its sunken ruins and medieval castle, from this attractive harbour town.

#### Trip Essentials

**Accommodation:** 1 night Simple Hotel  
1 night Simple Guesthouse  
1 night Simple Village House  
4 nights Standard Hotel

**Included Meals:** 7 breakfasts, 3 lunches, 3 dinners

**Start Point:** Join trip: Kayakoy

**End Point:** Trip ends: Dalaman Airport

**Maximum Altitude on Trek (m):** 925

**Transport:** Bus, Boat

**Countries:** Turkey

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## The Lycian Way

Walking through the ancient province of Lycia, this trip follows one of Turkey's most spectacular and famous coastal trails, the Lycian Way. On our journey from Kayakoy to Simena, we trek through foothills, forests and farmland and along coastal paths overlooking the Turquoise Coast. Along the way, we will experience remote village life, relax on golden beaches and discover ancient sites.

### Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

### Accommodation Grade: Standard

Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.

### Tour Style: Classic

Packed with adventure, these tours offer inspiring destinations and authentic travel experiences at a reasonable price. Using all kinds of transport and accommodation, we'll take you off the beaten track to discover the true heart of the people and places you visit.

### Trek Grade: Moderate

For those who are fit and active, these moderate walks are normally on good paths and tracks at low altitude. Days may include some fairly demanding ascents and descents, so previous experience is preferable but not essential.

## Your trip itinerary

### Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

### Your Tour Leader

A Tour Leader is an integral part of any Explore tour and your tour will be led by one of our experienced tour leaders who have been handpicked and expertly trained. We believe that our Tour Leaders are the key to the success of our tours; they are passionate travellers who are bursting with first-hand local knowledge which they love to share. Your tour Leader will also take care of all the planning and organization throughout your journey. Their passionate approach will make this tour fun and inspiring, bringing the destination to life whether you're travelling alone or with others.

### DAY 1 Join tour Kayakoy, site of the deserted Greek village

We start our tour in Kayakoy, a peaceful farming community close to Fethiye. This evening there will be the option of taking a walk around the deserted Greek village of Kayakoy. Dominating the mountainside that overlooks the village, Kayakoy has fallen into ruin since the exodus of the Greeks in 1923, forced out by the Treaty of Lausanne. Today its ghostly buildings cast a strange profile against the sky, giving the impression of a town cursed by its turbulent past.

Overnight: **Simple Hotel**  
**Single Room Available**

**Swimming Pool Available** 



 **Included Meals:** Dinner

## DAY 2 Enjoy views to Oludeniz Beach as walk to Faralya village; stay in village house

There is a second opportunity to have a short walk around Kayakoy before breakfast. After breakfast we hike from Ovacik village, nestling on the hillside overlooking Oludeniz, and head south up onto the outflung shoulders of Baba Dagi (1989 m). Along the way we are rewarded with fine views back over Turkey's most photographed beach, Oludeniz. Passing through pine forests and remote villages we descend to the village of Faralya which lies on a small plateau above the fjord-like Butterfly Valley, where steep limestone cliffs drop to the sea. Butterfly Valley is a lepidopterist's delight, deriving its name from the abundance of creatures that flutter about its lush canyon walls. Walking: 13 km, approximately 5 hours; morning is mostly uphill but gradient is never severe. +600 m.

Overnight: **Simple Guesthouse**  
**Single Room Available**


**Swimming Pool Available** 

 **Included Meals:** Breakfast, Dinner

## DAY 3 Hike through forest and farmland to village of Gey; stay in village house

Starting gently uphill through pine forest, we reach farmland with open fields that soon give way to spectacular terraces with views to the villages far below, as well as across the sea to distant islands. We descend for a while, towards the distant beach and village of Kabak. Skirting the higher slopes of the village we follow an ancient path into a blind valley before climbing up through pine forest again to the tiny village of Alinca. Perched high over the sea we may take a well earned tea break with the villagers before continuing. In the afternoon we pass high above beautiful bays of this spectacular coastline as we continue towards the village of Gey, our destination for the night. Walking: 18 km, approximately 7 hours hiking, relatively steep for about an hour and a half before lunch. +850 m.

Overnight: **Simple Village House**

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 4 Discover dramatic coastal views as hike to ancient city of Sidyma.

From Gey, the Lycian Way continues through stunning coastal scenery staying high as far as Bel, then climbs more via some large plains and pine forests, before descending steadily to Sidyma Ancient City (Dodurga Village) The site has some very well preserved and unusual tombs from the Roman and Byzantine period - the village is amongst, and indeed part of the site. A tea stop can be made at the house opposite the mosque. From the site we make a transfer (approx 30 minutes) to the village of Patara where we spend two nights. Walking: 12 kms, approx 5 hours. +260m -639m.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast, Lunch

## DAY 5 Follow the route of the aqueduct to Patara Beach

Following the route of the of aqueduct from Delikkemer to Patara we hike across fertile rolling fields and through pine forest, enjoying beautiful coastal views before descending to the southern end of Patara Beach. Here we have an opportunity to swim and explore the extensive ruins of ancient Patara, the birthplace of Saint Nicholas. Walking: 8 kms, approx 3.5 hours plus exploration of ruins and beachtime. +400 m.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 6 Ascend to Mount Felen; drive to the harbour town of Kas

Taking a route across streams and through villages, almost untouched by modern life, our path climbs to a ridge, Mount Felen, with views of the higher mountains inland and the coast below that are almost unsurpassed. We descend by vehicle to Kas, one of the most beautiful ports on the Turkish Riviera, with a dramatic backdrop of limestone cliffs. Kas is a great place to relax, with cafes and restaurants spilling out onto cobbled streets and a network of tiny back-alleys to explore. Walking: 16 km, approximately 6 hours. +400 m.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

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## DAY 7 Walk to ancient port of Aperlae; Kekova Bay boat trip

This morning we hike to the hamlet and ancient port of Aperlae and from there by boat to the castle-topped village of Simena, possibly one of the most beautiful settings on the Mediterranean. A tiny village accessible only on foot or by boat (it has no roads), its harbour is dotted with ancient sarcophagi (tombs), Roman baths and houses that cling to a hillside beneath a medieval castle. Hiking up to the castle we find within its walls a tiny ancient theatre (the smallest in Lycia, with a seating capacity for about 300 people). Carved from the solid rock it is a wonderful place to sit and soak up the beautiful surroundings and layers of history. En-route to Simena we visit the sunken city of Kekova by boat where you can enjoy a BBQ lunch on board. The results of various earthquakes, the partly submerged streets and buildings are visible in the crystal clear waters and there are visible mosaic pavements, terracotta amphorae, walls and staircases that once formed part of this remote island community. Then we return to Kas for our final evening. Walking: 10 km, approximately 3 hours. +100 m.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch

## DAY 8 Transfer to Dalaman airport where our tour ends

Today we transfer to Dalaman airport where our tour ends.

 **Included Meals:** Breakfast

## Accommodation and Meals

### Accommodation Notes

The village houses on this trip are a fantastic way to really experience some beautiful locations, to try amazing locally produced and traditional food and to meet the local families that live in this region.

On day 2 your stay at George's House in Faralya could either be in shared (single sex) rooms with 3 or 4 mattresses on the floor or in 2 bed basic cabins. There are shared showers and toilet/washing facilities centrally located. Georges House has lovely gardens where they grow a lot of their own produce and even has a small swimming pool hidden away in amongst the citrus trees. It is also the perfect spot for sundowners as it looks out over the stunning Butterfly Valley and the coastline.

On Day 3 you will stay at a house in Gey village. Again accommodation will be on mattresses in different rooms (2/3/4 to a room). There are shared shower and toilet facilities. Gey is a very typical rural Turkish village and the food and hospitality you will receive is just wonderful after a long days' walk.

### Food & Drink

Included meals: 7 breakfasts, 3 lunches, 3 dinners included in the price of this trip. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

## Budgeting for your Trip

You will need some extra money to cover meals and drinks not included in the trip price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

### Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

#### Turkey

**Lunch £:** 7.00

**Dinner £:** 13.00

### Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.

#### Turkey

**Bottle of Beer £:** 2.70

**Water £:** 1.00



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## Tippling - Tour Leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

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## Tippling - Local Crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour. Accordingly you should allow approximately 15 Pounds for gratuities for local staff.

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## Foreign Exchange

### Turkey

**ATM Availability:** ATMs are widely available throughout Turkey. To avoid large queues at the airport exchanges, you may wish to exchange some lira before arriving.

**Credit Card Acceptance:** In major restaurants.

**Travellers Cheques:** Not recommended.

**Local Currency:** Turkish Lira.

**Recommended Currency for Exchange:** Major foreign currencies such as US Dollars, £Sterling and Euros can easily be changed. We advise against travelling with Travellers Cheques as commission rates are high. Other currencies can be exchanged in larger cities. We advise you to change money in Turkey as rates tend to be better.

**Where to Exchange:** Most major towns - your Tour Leader will advise you on arrival.

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## Joining your Trip

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

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### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at [www.explore.co.uk](http://www.explore.co.uk), in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

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### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

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### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

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## Important Information

### Travel Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking

at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

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The Adventure Travel Experts

CAMPBELL IRVINE  
DIRECT TRAVEL INSURANCE



Travel Insurance is essential. If you have not already arranged cover, please contact our recommended Travel Insurance providers [www.campbellirvinedirect.com/Explore](http://www.campbellirvinedirect.com/Explore) who offer Travel Insurance specifically designed to cover travel with Explore or call **Campbell Irvine Direct** on Tel: 020 7938 1734

Explore Worldwide is an Introducer Appointed Representative of Campbell Irvine Ltd who are authorised and regulated by the Financial Conduct Authority.

### Travel Aware

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at [www.explore.co.uk/travel-safety](http://www.explore.co.uk/travel-safety)

We strongly advise that you register with the FCO to receive updates to the travel advice for your chosen destination. A hard copy of the current FCO Travel Advice for your chosen destination is available by contacting [cr@explore.co.uk](mailto:cr@explore.co.uk) or 01252 379438.

### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### Visa Information

Turkey: Visas are required by UK citizens. We recommend that you obtain your visa online, prior to arrival at <https://www.evisa.gov.tr/en/>. This will cost US\$20 and you will need a blank page in your passport for the stamp. Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

### Vaccinations & Protection

#### Turkey

Nothing compulsory, but we recommend protection against tetanus, typhoid, infectious hepatitis and polio. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

## Preparing for your Trip

### DAILY DISTANCES

|       |      |        |
|-------|------|--------|
| Day 2 | 13km | 5hrs   |
| Day 3 | 18km | 7hrs   |
| Day 4 | 12km | 5hrs   |
| Day 5 | 8km  | 3.5hrs |
| Day 6 | 16km | 6hrs   |
| Day 7 | 10km | 3hrs   |

## Maximum Altitude on Trek (m)

925

## Trekking Details

This is a 6-day trek with approximately 5 to 7 hours walking each day. Our trek grade for this tour is moderate.

## Climate

### Turkey

Evenings and early mornings can be cool in the early and late season (before mid May and after early October). During the winter, temperatures usually hover between 0 and 10 degrees, but are usually wet, particularly around the coast. Summers are hot and dry with refreshing sea breezes. It is often cooler on higher ground and in the mountains and can be cold at night, even in the summer. Seasonal weather patterns can be unpredictable.

## Clothing

The long Turkish summer can be hot, though much of the Mediterranean coastline is freshened by sea breezes. A warmer sweater or light fleece and long trousers are advisable for the evenings in early and late season.

## Equipment

The 2 village houses can provide blankets for sleeping. However, your own sleeping bag and liner may be preferable. If you want to sleep outdoors, please also bring a roll-mat. Note sleeping bags, mats and liner can also be hired locally for £20. A waterbottle, sunhat, sunglasses and sun protection cream are essential. Light waterproofs and a torch are also useful.

## Footwear

Bring well broken in walking boots, plus sandals or trainers for relaxing.

## Luggage: On Tour

One main piece of baggage and daysack.

Luggage allowance on trip: 20kg

## General Information

## Country details

### Turkey

**Population:** 66,000,000

**Size of Country:** 779,452 sq km

**Major Language:** Turkish

**Religion:** Muslim, Christian

**Time Difference to GMT:** +3

## Electric Supply & Plugs

### Turkey

2 Pin Round

## Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award winning tour leaders who you can trust.
- Responsible travel is and always has been one of the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, or any number of unusual forms of transport. Often you will stay in family run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to – and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

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## Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants, allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

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## Earth Matters

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people) and have recently supported women's cooperatives in Borneo and Morocco. We are a member of Tourism Concern's Ethical Tour Operator Group ([www.tourismconcern.org.uk](http://www.tourismconcern.org.uk)) and support their campaign for fair and ethical tourism. We also care passionately about the world's wildlife and actively support and promote the Born Free Organisation and Mahouts Elephant Foundation.

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## Booking Your Holiday

### Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

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### Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking

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### 100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2016 and 31st December 2017.

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### Trip Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2017 itinerary versions are applicable to tours departing in 2017. 2018/19 itinerary versions are applicable to tours departing from 1st January to 31st December 2018.

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