

# EXPLORE!

## TRIP NOTES



### Atacama to Machu Picchu (AX 2017)



TRIP DURATION  
**18**  
DAYS



**Tour Style:** Classic  
**Tour Pace:** Full On

**Tour Type:** Small Groups  
**Accommodation**  
**Grade:** Standard

**Trip Code:** AX

#### Trip Highlights - Atacama to Machu Picchu

- ✓ Santiago de Chile - Chile's scenic capital in the shadow of the Andes
- ✓ San Pedro de Atacama - Discover the Valley of the Moon and El Tatio Geysers
- ✓ Uyuni - Explore the great plains of one of the largest salt lakes on earth
- ✓ Sucre - Visit Bolivia's colonial capital, a UNESCO World Heritage Site
- ✓ La Paz - Explore the 'city that touches the sky'
- ✓ Lake Titicaca - Traverse the highest navigable lake in the world and stay on the Island of the Sun
- ✓ Machu Picchu - Travel by train to the 'Lost City', one of the New Seven Wonders of the World
- ✓ Cusco - Explore the ancient capital city of the Incas

#### Trip Essentials

**Accommodation:** 13 nights Standard Hotel  
2 nights Simple Hotel  
2 nights Standard Guesthouse

**Included Meals:** 17 breakfasts, 7 lunches, 4 dinners

**Start Point:** Join trip: Santiago de Chile

**End Point:** Trip ends: Cusco

**Transport:** Bus, Train, Flight, Public Bus

**Countries:** Bolivia, Chile, Peru

## Atacama To Machu Picchu

Come with us on an Andean adventure as we travel from the Chilean city of Santiago to the magnificent Inca citadel of Machu Picchu in Peru. Along the way we explore Cusco, the historical capital of Peru, traverse the spectacular salt flats of Uyuni and visit the city of La Paz, 'the city that touches the sky'.

### Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

### Accommodation Grade: Standard

Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.

### Tour Style: Classic

Packed with adventure, these tours offer inspiring destinations and authentic travel experiences at a reasonable price. Using all kinds of transport and accommodation, we'll take you off the beaten track to discover the true heart of the people and places you visit.

### Tour Pace: Full On

These fast paced tours move on quickly from place to place and with lots of early starts and long busy days, they're packed with experiences.

## Your trip itinerary

### Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

### Your Tour Leader

A Tour Leader is an integral part of any Explore tour and your tour will be led by one of our experienced tour leaders who have been handpicked and expertly trained. We believe that our Tour Leaders are the key to the success of our tours; they are passionate travellers who are bursting with first-hand local knowledge which they love to share. Your Tour Leader will also take care of all the planning and organisation throughout your journey. Their passionate approach will make this tour fun and inspiring, bringing the destination to life whether you're travelling alone or with others.

### DAY 1 Join tour in Santiago de Chile; afternoon city tour

Joining the tour in Santiago today, our intention this afternoon is to take an orientation tour of the city. One of the most scenic destinations in South America, Santiago lies in the imposing shadow of the majestic Andes, and the old part of the city, around the Alameda, contains a dazzling array of fine buildings, statues and gardens, including the impressive Presidential Palace and the monastery of San Francisco. We aim to take in the Government Palace of La Moneda during our tour, as well as the cultural heart of both the city and the country, the Plaza de Armas. In the eclectic Bellavista district we can find the unusual house of the famous Chilean poet and Nobel Prize winner Pablo Neruda (optional visit), just one of the many artists and writers who made this charming city their home. We also plan to visit San Cristobal hill to enjoy spectacular views out over the city.

Overnight: **Standard Hotel**  
**Single Room Available**



 **Included Meals:** None

## DAY 2 Free day in Santiago de Chile; optional Valparaiso visit

Today has been left free to explore some more of the city, to wander its streets and parks and perhaps the vineyards that lie on the outskirts of the city. The Maipo Valley is considered by many to be the best winegrowing region in the country. Certainly the oldest, it is renowned for its Cabernet Sauvignon and a tour of the vineyards, lying in the shadow of the magnificent Andes is the perfect combination of sensory delights. Alternatively there is the option of a trip to the nearby city of Valparaiso, Chile's cultural capital. Once a colonial port linking trade with neighbouring Peru, the city suffered numerous raids at the hands of pirates, including Sir Francis Drake. Reaching the height of its prosperity during the 19th century it finally fell into decline with the onset of the steam age and the opening of the Panama Canal. Much of its colonial past has been destroyed by a number of powerful earthquakes over the years, but the city still retains some of the grandeur of its halcyon days and its hills are dotted with the remnants of its glorious past. The city today is a major port and its surrounding hills, a natural amphitheatre covered in colourful houses and mansions, are a UNESCO World Heritage Site.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 3 Fly to Calama, transfer to San Pedro de Atacama and walk in the Moon Valley

Flying to Calama early this morning we transfer by bus to the oasis town of San Pedro de Atacama (2400m), set high among the spectacular volcanoes of Los Andes Cordillera and our gateway to the dramatic landscapes of the Atacama Desert. Arriving later this morning there will be time to relax, or perhaps take an optional visit to the impressive archaeological museum, containing the collection of artefacts assembled by Padre Gustave Paige, a Belgian missionary who spent some 25 years here during the later years of the last century. This afternoon we will take a walk amongst the dunes of the nearby Valle de la Luna (Moon Valley), a nature reserve to the west of the town, where the surreal landscape has been formed by the erosion of the salt mountains, and where we intend to watch the setting sun cast its golden glow across the spectacular landscape before returning by bus back to San Pedro. We have the opportunity this evening to visit the SPACE park (San Pedro de Atacama Celestial Explorations telescope park). The dryness of the air and the altitude of the Atacama make it the perfect place to have clear views of the night sky and at the Park we can visit one of the most powerful telescopes in South America.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 4 Visit El Tatio Geysers, optional salt flats trip

Before the arrival of the Spanish San Pedro was the centre of the Atacama culture, and its dusty streets and evocative setting still exudes an air of times long past. An early departure by bus this morning sees us heading through the desert landscapes of the remarkable Atacama, one of the most barren and dramatic natural features in the entire country. Our destination is the remarkable El Tatio Springs, a geothermal field of spouting geysers and steaming fumaroles surrounded by a vista of volcanic mountains. Arriving in time for the sunrise affords us an opportunity to witness these active geysers in the golden light of the rising sun. Returning to San Pedro via the volcanic landscapes we then have the rest of the day free to enjoy at our leisure. One possible option for this afternoon is to take a visit out to the extensive salt flats of the Salar de Atacama, at 300,000 hectares the third largest area of salt flats on the planet. Rich in minerals, the lake is home to flocks of pink flamingos during the winter months and the air out here is so dry that the views across the Salar have to be seen to be believed.


Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 5 Drive to Hito Cajon and enter Bolivia

Driving to the Bolivian border at Hito Cajon today we will meet with our new transport and cross the expansive landscapes of the altiplano by 4WD. Our journey takes in the windswept views and spectacular waters of Laguna Verde, lying before the imposing slopes of the Lincancabur Volcano (5960m). It is said that the winds change the lake's colour, from a deep azure to a vivid turquoise as it whips across the rippling surface. From here we continue past Challiviri Lagoon, onto the amazing blood-red depths of Laguna Colorada, home to rare James flamingos who feed on the rich red algae that cover the lake. Travelling across the surreal and tortured lands of the high altitude plains of the Siloli Desert we then head for Villamar, our destination for the night.


Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 6 Discover the Uyuni Salt Flats.

Today we travel via Ollague Volcano and San Juan into a desolate wilderness of scrubby wasteland. Salt deserts add to the barrenness, but pockets of cultivation and settlements within this seemingly inhospitable land stand out like oases. The landscape is surreal in the extreme, the bright blue of the skies contrasting sharply with the blinding white salt crust. Flamingos inhabit the shoreline, whilst the snow-capped peak of Volcan Tunupa (5400m) looms far in the distance. Crossing the salt flats we then head for Incahuasi Island, where we find an expanse of huge cacti occupying an isolated island in the heart of the Salar de Uyuni. The island once lay beneath the lake that covered this area some 40,000 years ago and all around are scattered rocks that look like ancient coral beds. The cacti themselves have been here for millennia and some tower some 6 metres above the floor of the plains, no mean feat given that it is estimated that they only grow one centimetre a year! We journey via the petrified pre-Columbian mummies of Pucara de Aique, a sacred site that occupies a small canyon at the base of Tunupa. Continuing East we move on to Colchani, driving across the desert pans to visit a salt works, where villagers have sent piles of salt to be ground and iodised before being sold. The small village marks the extreme edge of the salt pans.


Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 7 Travel to the UNESCO World Heritage town of Potosi

Our adventure continues by public bus across the mineral rich highlands of southern Bolivia today as we head for the UNESCO Heritage town of Potosi. This trip starts in Colchani and passes through Uyuni, to enter through branches of the Andes Range, pass through Pulacayo, a main tin mining center. The views on the road are great, with lots of colors and formations done by the erosion, as well as remote villages, whose people are dedicated to basic agriculture. Reaching Potosi lying beneath the towering peak of Cerro Rico, at a lofty 4090m above sea level, it is considered the highest city of its size anywhere on earth.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 8 Morning city tour of Potosi, continue to Sucre

The Spanish were attracted to these high terrains by the promise of abundant deposits of silver and zinc and during the early years of the 17th century the town itself was the largest in the region, producing over half the silver found in the Americas. The pink conical slopes of the mountain are peppered with old mines and one Spanish writer once described it as 'the mouth of hell'. Conditions even today are still very basic, with all the work being done by hand and with the most primitive of tools. However, as it is a cooperative and the miners can work what hours they want and sell what they extract to the cooperative at the market price. Potosi itself is considered one of Bolivia's finest historical monuments, a city littered with ornate mansions and glorious churches, filled with a glittering array of baroque interiors. This morning we take a tour of this beguiling city, its architecture accentuated by the bright clear light that bathes the landscape, made even more intense by its high altitude. An interesting overview of the city's varied past can be found in the Casa de Moneda, the original royal mint built in the mid-1700's, which now houses a variety of displays, from wooden colonial-era minting machines and religious art, to Tiahuanaco artefacts and Bolivian war relics. It even has the country's first locomotive. If we have enough time we will also take in the Santa Teresa Museum and some of the city's beautiful colonial churches. This afternoon we depart for Sucre by local bus.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch

## DAY 9 Explore Sucre on a guided tour; free afternoon for personal discovery

A UNESCO Heritage site, the Bolivian capital is a spectacular surviving example of colonial grandeur, with a number of beautifully preserved churches that reflect a distinctive mix of local and European influences. Unofficially known as 'the city of four names', Sucre was originally known as La Plata, until new territorial divisions in 1776 saw it changed to Chuquisaca. In the mid-1800s its name was changed once more, this time to its present incarnation, in honour of the second president of the country, Antonio Jose de Sucre. Its final moniker has more to do with the whitewashed walls of its central buildings which, repainted every year, have earned the city the name of La Ciudad Blanca - the white city. This morning we will take a tour of its cultural heart, affording us a little taster of its colonial charm. The 17th century cathedral in the centre of town contains the stunning jewel encrusted 'Virgen do Guadalupe' by Bernardo Bitti, an artist who studied under Raphael and went on to become the first great painter of the new world. We'll also take in the Museo de la Recoleta, which once served as a Franciscan convent, a barracks and a prison and now contains a vast collection of paintings that span some four centuries. The rest of the day is free to continue exploring at your leisure. Bolivia's most attractive city presents a captivating setting to wander through at will. Its large plazas and elegant facades offer an enchanting backdrop, and a walk along its tree-lined streets unearths a rich heritage and a unique insight into its rich history. As well as its rich past, Sucre has also embraced the future of the country and is renowned as being the country's student capital, investing it with a youthful and relaxed atmosphere that makes it a true pleasure to explore.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 10 Fly to La Paz; afternoon tour of the city

Leaving Sucre we fly this morning to the lofty heights of La Paz. Standing at 3636m above sea level (higher even than Lhasa in Tibet), La Paz is cupped in the palm of two magnificent mountains and surrounded by the high Altiplano. Its poetic nickname of 'the city that touches the sky' is well earned. Located on the La Paz River, the city was founded by the Spanish in 1548 and its strategic location along the trade routes between the Bolivian silver mines and the ocean helped it to flourish and grow. Today La Paz is the largest city in Bolivia and its administrative capital, making it the highest seat of government on the planet. We will take a tour of the city, enjoying the delights of its vibrant street markets and the captivating grandeur of the church of San Francisco. We'll also take in the pre-Columbian gold and silver artefacts in the Museo del Oro and the fascinating exhibits in the Casa de Pedro Domingo Murillo. Murillo was a martyr of the revolution of 1809 who was hanged in the square that today bears his name and his museum presents us with a rich collection of furniture, textile and artwork that perfectly captures the history of those colonial times.

Overnight: **Simple Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 11 In La Paz; optional trip to Tiwanaku archaeological site

Today is free to explore the city. You may wish to visit the Tiwanaku ruins, the site dates back to 1500BC and spans to 1200AC, it was one of the most important pre-Inca civilisations and considered to be one of the most developed in its time. The Kalasaya temple, the Gate of the Sun, the Akapana pyramid are amongst some of the buildings to explore and this can be followed by visiting the nearby pottery and stoneware museum. Alternatively you can visit Chacaltaya, the highest ski resort in the world or Las Yungas which includes a visit to a unique wildlife refuge and a small organic coffee plantation where you will have lunch.


Overnight: **Simple Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 12 Public bus to Copacabana, boat to Isla del Sol

From La Paz we head towards the deep blue waters of Lake Titicaca by public bus, at 3810m it is the highest navigable lake in the world and the second largest in South America, after Maracaibo. An immense body of water it covers over 8000 sq km, plummeting to depths of 300m and its shoreline has been the home to the Aymara and Quechua for millennia. The sacred waters of the lake have long been a site of religious ritual and devotion, from the earliest civilisations in the Americas, to the Inca conquerors who believed the lake to be the site where the Children of the Sun, the legendary founders of the Inca dynasty, Manco Capac and Mama Ocllo, arrived on earth. Our journey takes us to the town of Copacabana; a place of mystic reverence since the times of the Tiwanaku and which today holds favour with thousands of Christian pilgrims. From here we take a boat out to the Isla del Sol, landing near the Pilkokaina ruins and soaking up the mystical ambience of an island steeped in the legends of the ancient Inca. From here we walk up to our eco lodge (approx. 200m ascent +1-1.5 hrs of walking at high altitude), where we will be spending the night.

Overnight: **Standard Guesthouse**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 13 Visit Chincanca Ruins, return to Copacabana and drive to Puno (Peru)

The Isla del Sol is the largest of the islands that lie dotted around this spectacular lake, lying just off the Copacabana Peninsula, at the southern end of the lake. The island is covered with nearly 200 archaeological ruins that attest to the importance the ancient Incas attached to this site and this morning we take a boat north, towards the labyrinthine Inca ruins of Chincana. The island has been revered by the Aymara for centuries and most of the ruins on the island date from the 15th century AD, although some archaeological remains have been dated back as far as 3000 years BC. At Chincana we find a meandering network of rooms and passageways that link together around a sacred rock, overlooking the sparkling azure waters of the lake below. Then we take to the waters again, taking our boat to the neighbouring Island of the Moon to visit its ruins. We then continue by boat to Copacabana and then take a charter bus across the border into Peru, following the shores of the lake to its north western corner and the bustling town of Puno.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch

## DAY 14 Public bus to Cusco

Today we travel by public bus following the legendary route taken by the first Inca ruler - Manco Capac - on his way to find Cusco. Driving up to the northern limit of the Altiplano we cross La Raya pass (4335m) and descend towards Cusco. There will also be a stop at the Raqchi ruins, known as Temple of the God Wiracocha, and Andahuaylillas village, where there is a beautiful church from the XVII century that has an impressive organ decorated with angels and cherubs. You will have lunch at a local restaurant and we arrive into the ancient city of Cusco in the late afternoon.

Overnight: **Standard Hotel**  
**Single Room Available**



**Included Meals:** Breakfast, Lunch

## DAY 15 Free morning in Sacred Valley, train to Aguas Calientes

A free morning affords an opportunity today to visit the Inca salt pans at Maras and the remote ruins of Moray, famous for its fascinating Inca terraces, known locally as the laboratory of the Incas (optional). These terraces were believed to have been carved on different levels by the Incas, in order to experiment with their crops, each being carved to different depths in order to try and ascertain the ideal conditions in which to grow them. Many still believe the site to possess magical powers and there is certainly no doubting the atmospheric feel and stunning location of the site. Another option is a whitewater rafting trip along the Urubama River (no previous experience is necessary and all safety equipment is provided. Please note: Participation in rafting requires that you are able to swim 25 metres unaided). This afternoon we then catch the train to Aguas Calientes, the gateway to one of the greatest of all archaeological sites, the mountain complex of Machu Picchu, the fabled 'lost city' of the Incas, probably the most spectacular feat of engineering in ancient America. On arrival we walk to our guesthouse and check in, after which you might like to relax in the thermal baths.

Overnight: **Standard Guesthouse**  
**Single Room Available**



**Included Meals:** Breakfast

## DAY 16 Visit Machu Picchu, afternoon return to Cusco by train

Catching the first bus this morning we head up to the citadel to watch the sunrise over the incredible complex of Machu Picchu. It is also possible to climb the steep and difficult peaks of either Machu Picchu Mountain or Huayna Picchu Mountain to experience alternative viewpoints of the citadel. These must be pre-paid at time of booking. If you change your passport between your time of booking and prior to travel please take your original passport with you to avoid being fined. Alternatively, you can walk along part of the Inca Trail to the Sun Gate. The rest of the morning is then spent in this magnificent city, dividing our time between a guided tour and some free time to explore the spectacular ruins privately. Temples, stairways, palaces and gabled stone dwellings are scattered everywhere, testifying to the energy and ingenuity of the builders. Not without reason this site is probably the most revered attraction in the Americas, its location alone is dramatic in the extreme, teetering on the saddle of a high mountain peak that towers above the valley below. Built in the mid 15th century by Pachacutec, the city was thought to have been a major agricultural centre for the Inca Empire and its inaccessibility seems to have preserved it from the looters of the intervening years, resulting in the remarkably well-preserved ruins that we see today. From the lofty promontory of the Funerary Rock Hut the city is laid out before you: its extensive terraces, the Royal Tombs and the Temple of the Sun, with its ceremonial niches and Inca crosses. The crosses represent the three levels of existence, the first being death or the underworld (represented by a snake), then human life (the jaguar) and finally the highest plain, that of the gods (symbolised by the condor). The excavation of the Royal Tombs has seen a number of mummies unearthed, 80% of which were women, indicating perhaps that the site was occupied mainly by priests and chosen women. This afternoon we then travel by train and bus to Cusco.

Overnight: **Standard Hotel**  
**Single Room Available**



**Included Meals:** Breakfast

## DAY 17 In Cusco; optional whitewater rafting

Cusco, the old capital of the Inca Empire and the oldest continuously inhabited city on the continent. Imbued with an atmosphere of mystery and grandeur, the Spanish-style city of today, with its attractive pink tiled roofs, arched plazas and steep winding alleyways, stands upon tremendous Inca foundation stones. The archaeological capital of the Americas, Cusco's links with the Inca Empire are everywhere to be seen, from the stone walls that line the city streets, to the museums filled with artefacts and relics of a long dead people. With a free day to enjoy this most remarkable of cities we can recommend a visit to the fortress-citadel of Saqsayhuaman (optional). Built to defend the Inca capital, Saqsayhuaman broods high above the town, its huge, zigzagging stone walls broken into 66 sharply projecting angles to catch attackers in a withering crossfire. Meant to represent the head of a puma, 20,000 conscripted workers toiled for 90 years to finish it and it was the site of one of the most fiercely fought battles of the Spanish conquest, when the Incas made one last ditch attempt to drive out the Spanish, an attempt that ended in defeat and death for thousands of them. Another option is a trip out to nearby Pisac to visit its market and perhaps explore the magnificent ruins of its citadel. Strategically located at the head of the Urubamba Valley, Pisac once controlled the road connecting the Inca Empire with Paucartambo on its eastern borders and the magnificent Inca ruins that once so dominated this valley still occupy the mountainside above the town. On market days



the square is awash with noise and colour as vendors trade local produce for medicines and tools and there are bargains to be had amongst the weavers and potters. The ruins occupy a rocky spur, its citadel strategically located at the head of the gorge, overlooking the patchwork of fields and terraces that dot the valley floor. Climbing up to the ruins you pass through a magnificent collection of temples, palaces, terraces, solstice markers and baths. The highlight of the site is without doubt the central Sun Temple, a worthy match for any of the temples of Machu Picchu and standing amongst these evocative ruins it is very easy to conjure up a timeless image of life in this valley as it has gone on for countless generations.

Overnight: **Standard Hotel**  
**Single Room Available**



**Included Meals:** Breakfast

DAY **18** Trip ends in Cusco

The trip ends this morning in Cusco after breakfast.



**Included Meals:** Breakfast

## Accommodation and Meals

### Food & Drink

Included meals: 17 breakfasts, 7 lunches, 4 dinners included in the price of this trip. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

## Budgeting for your Trip

You will need some extra money to cover meals and drinks not included in the trip price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

### Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

#### Bolivia

**Lunch £:** 5.00

**Dinner £:** 8.00

#### Chile

**Lunch £:** 13.00

**Dinner £:** 20.00

#### Peru

**Lunch £:** 3.00 - 5.00

**Dinner £:** 6.00 - 8.00

### Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.

#### Bolivia

**Bottle of Beer £:** 1.47

**Water £:** 0.60

#### Chile

**Bottle of Beer £:** 2.00 - 4.00

**Water £:** 1.30

#### Peru

**Bottle of Beer £:** 2.00 - 4.00

**Water £:** 1.00



## Other Sightseeing & Activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations.

Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

### Optional Excursions

Santiago de Chile - Visit to Valparaiso US\$ 110 (min 3 pers), Wine tour US\$ 69 (min 3 pers).

San Pedro De Atacama - Trip to the Atacama Salt Lakes US\$ 115; Archaeological Museum - US\$5; Astronomy tour US\$30

La Paz - Half day Tiwanaku (min 4 pers) US\$ 70; Half day Chacaltaya US\$57; Full day Las Yungas US\$102 (min. 4 pers)

Sacred Valley - Visit to Maras and Moray approximately US\$ 58 ( min 4 pers), Whitewater rafting US\$ 75 (depending on numbers).

Cusco - Visit to Sacsayhuaman US\$ 53 (based on 2 pers.), trip to Pisac Market US\$ 60 (based on 2 pers).

Huayna Picchu - £25; Machu Picchu Mountain £25 - Subject to availability - these must be pre-paid at time of booking. If you change your passport between your time of booking and prior to travel please take your original passport with you to avoid being fined.

Lima - City Tour approximately US\$ 30, Larco Herrera Museum US\$ 41 guided, US\$ 11 unguided; Pucusana Fishing Village US\$65 (based on 3); Pachacamac site US\$45 (based on 4) inc. pottery class US\$60 (time permitting)

### Tipping - Tour Leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

### Tipping - Local Crew

Although entirely voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly you should allow approx. US\$ 70 for gratuities for local staff.

In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour.

## Foreign Exchange

### Bolivia

**ATM Availability:** Available in Major towns. Always have some cash as back-up as they are not always reliable

**Credit Card Acceptance:** Credit cards are useful and can be used in many places, but may be subject to a 10% service charge

**Travellers Cheques:** Travellers Cheques can be awkward or expensive to change

**Local Currency:** Boliviano.

**Recommended Currency for Exchange:** Carry all your funds in US cash NOT Sterling or Travellers Cheques which are more difficult to exchange. We recommend to take a minimum of US\$400-\$500 of your total spending money in cash for your tour, in mixed denominations. Notes should be in good condition otherwise they might be difficult to exchange.

**Where to Exchange:** Most major towns - your Tour Leader will advise you on arrival.

### Chile

**ATM Availability:** Available in Major towns. Always have some cash as back-up as they are not always reliable

**Credit Card Acceptance:** Credit cards are useful and can be used in many places, but may be subject to a service charge.

**Travellers Cheques:** Travellers' Cheques can be awkward or expensive to change

**Local Currency:** Peso.

**Recommended Currency for Exchange:** Carry all your funds in US cash NOT Sterling. We recommend to take a minimum of US\$400-\$500 of your total spending money in cash for your tour, in mixed denominations. Notes should be in good condition otherwise they might be difficult to exchange.

**Where to Exchange:** Tour Leader will advise on arrival

### Peru

**ATM Availability:** Available in Major towns. Always have some cash as back-up as they are not always reliable

**Credit Card Acceptance:** In major restaurants. In some establishments Master card is not accepted.

**Travellers Cheques:** Travellers Cheques are not always easy to exchange.

**Local Currency:** Nuevo Sol

**Recommended Currency for Exchange:** Carry all your funds in US cash NOT Sterling or Travellers Cheques which are more difficult to exchange. We recommend to take a minimum of US\$400-\$500 of your total spending money in cash for your tour, in mixed denominations. Notes should be in good condition otherwise they might be difficult to exchange.

**Where to Exchange:** Most major towns - your Tour Leader will advise you on arrival.



## Joining your Trip

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at [www.explore.co.uk](http://www.explore.co.uk), in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Important Information

### Travel Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

**EXPLORE!**  
The Adventure Travel Experts

CAMPBELL IRVINE  
DIRECT TRAVEL INSURANCE



Travel Insurance is essential. If you have not already arranged cover, please contact our recommended Travel Insurance providers [www.campbellirvinedirect.com/Explore](http://www.campbellirvinedirect.com/Explore) who offer Travel Insurance specifically designed to cover travel with Explore or call **Campbell Irvine Direct** on Tel: 020 7938 1734

Explore Worldwide is an Introducer Appointed Representative of Campbell Irvine Ltd who are authorised and regulated by the Financial Conduct Authority.

### Travel Aware

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at [www.explore.co.uk/travel-safety](http://www.explore.co.uk/travel-safety)

**EXPLORE!** Share your experiences with us



We strongly advise that you register with the FCO to receive updates to the travel advice for your chosen destination. A hard copy of the current FCO Travel Advice for your chosen destination is available by contacting [cr@explore.co.uk](mailto:cr@explore.co.uk) or 01252 379438.

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## Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

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## Visa Information

**Bolivia:** Visas are not required for UK, New Zealand, Australian, and Canadian citizens. However, US citizens will require a visa. As you will enter Bolivia overland please make sure your passport is stamped on both sides of the border, with an exit stamp from the country you are leaving and an entry stamp on the Bolivian side otherwise you'll have to pay a fine to leave.

**Chile:** Visas are not required for UK, New Zealand, Australian, US and Canadian citizens. On arrival to Chile you will receive an immigration document - please keep this safe as this will be needed when you leave the country to enter Bolivia. Please note all passengers arriving with passports from Australia, Canada or USA will have to pay a reciprocity tax before getting into the migration area. The amount to be paid for each passport holder is as follows: Australia \$95, Canada \$132.

**Peru:** Visas are not required for UK, New Zealand, Australian, US and Canadian citizens.

Other nationalities should consult the relevant consulate.

**USA:** (including those in transit) Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can enter the United States without a visa under the Visa Waiver Program (VWP) - where you apply for an ESTA (Electronic System for Travel Authorisation), which applies if you enter the country by sea or by air. This must be done on line - <https://esta.cbp.dhs.gov> no later than 72 hours prior to travel. Travellers who have not registered before their trip are likely to be refused boarding.

You must have an electronic passport with a digital chip containing biometric information about the passport owner. UK passports which are biometric feature a small gold symbol (camera) at the bottom of the front cover.

If you have visited Iraq, Syria, Iran or Sudan since 2011 or are dual nationals of these countries, you cannot travel with an ESTA and instead you will need to apply for a visa from the nearest US Embassy or Consulate. If you are unable to provide a valid visa before boarding flights to the US, or entering via another method, you may not be permitted to travel.

Please note for your ESTA application you will be required to supply Point of Contact information. Explore's USA contact information will be listed on your final documentation which you will receive approximately 3-4 weeks before departure. If you are leaving for the USA before this, please call the Explore team to get this information. (Not necessary if in transit)

For further information please check out the US embassy website. Visa applications - <http://london.usembassy.gov/niv/apply.html>

**Canada:** An electronic travel authorisation (ETA) is required by British citizens transiting via Canada. For more information see the official Canadian government website: <http://www.cic.gc.ca/english/visit/eta.asp>  
Other nationalities should consult their local embassy or consular office

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on **0208 5431846**.

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## Vaccinations & Protection

### Bolivia

A yellow fever certificate is necessary for passengers visiting the lowlands Bolivia (BA trip). We also recommend protection against typhoid, polio, infectious hepatitis and tetanus. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificate if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - <http://travelhealthpro.org.uk/countries>. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

### Chile

Nothing compulsory, we recommend protection against typhoid, tetanus, diphtheria, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue Fever and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificate if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - <http://travelhealthpro.org.uk/countries>. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

## Peru

Nothing compulsory, we recommend protection against typhoid, tetanus, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - <http://travelhealthpro.org.uk/countries>. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. Yellow fever is only recommended for those travelling on the Amazon Extension. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

## Preparing for your Trip

### Altitude Description

This tour includes nightstops where we sleep at altitudes in excess of 4000m. For this reason it is suitable only for participants aged 16 and over.

It is difficult to predict who is at risk from altitude sickness but if you have a heart or respiratory problem we advise you to check with your doctor and not to risk travel or trekking at high altitudes.

You must have adequate travel insurance for your trip. Please ensure that your insurance policy covers you to the maximum altitude indicated above. If you have Explore insurance you will be covered to this altitude.

### Climate

#### Bolivia

Conditions vary from region to region and with altitude. Bear in mind that at high altitude temperatures can drop dramatically, and conditions can change suddenly. Inland - Hot and humid from October to March (summer). Mild to hot from April to September (winter). Highlands -- All year, sunny days, chilly to cold evenings. Rainy December to March. Mainly dry rest of year best time for mountain travel.

#### Chile

The best time to visit is spring (Sept-Nov) and autumn (March- April). Between June and September the heat in the northern part of the country is less intense. Remember rain can fall at any time of the year and the weather is changeable in the mountains. Easter Island has a tropical climate so is likely to be quite hot and humid. It can also rain there in the evenings and become chilly.

#### Peru

There is a rainy season from Dec - Mar however on the coast it rarely rains. Jun-Oct is damp and misty, but temperatures never drop below 10°C. At high altitudes although there are sunny days temperatures can drop dramatically, and conditions can change suddenly.

### Clothing

Bear in mind that several different climatic zones will be experienced. Lightweight clothing is necessary for some warm and humid daytime conditions, though evenings can be cooler, and temperatures at altitude can drop considerably, so please come prepared.

The highlands enjoy dry sunny days but extremely cold nights so thermal underwear, a well insulated fleece/jacket and a thick sweater are essential. Bring something warm to sleep in. Lightweight raingear is essential at any time of the year. Bring a swimming costume for the thermal baths at Aguas Calientes.

### Equipment

A sunhat and sunglasses are advisable as is high factor sunscreen and lipsalve with sun protection, due to the thinness of the atmosphere. A torch is also useful in case of power cuts or emergencies. Don't forget your camera and a towel. If you intend to do the walking on Isla Del Sol you may want to bring a walking pole if you have one.

### Footwear

Comfortable lightweight trail boots, trainers and sandals.

### Luggage: On Tour

One main piece and a daypack and an extra bag for the two nights on Isla Del Sol and the overnight in Aguas Calientes. In Aguas Calientes - The main bags will be left in storage in your hotel in the Sacred Valley. On Isla del Sol, the extra bags are carried by mules so you only have to carry daypacks. Remember, you are expected to carry your own luggage (i.e. on and off transport etc.) so don't overload yourself. It is recommended you bring lockable bags.

Luggage allowance on trip: 20kg

## General Information

### Country details

#### Bolivia

**Population:** 10,907,778

**Size of Country:** 1,098,581 sq km

**Major Language:** Spanish

**Religion:** Roman Catholic

**Time Difference to GMT:** -4

#### Chile

**Population:** 15,500,000

**Size of Country:** 748,800 sq km

**Major Language:** Spanish, Aymara, Rapanui.

**Religion:** Predominantly Roman Catholic.

**Time Difference to GMT:** -4

#### Peru

**Population:** 29,496,000

**Size of Country:** 1,285,216 sq km

**Major Language:** Spanish

**Religion:** Catholicism

**Time Difference to GMT:** -5

### Electric Supply & Plugs

#### Bolivia

3 Pin Flat

#### Chile

2 Pin Round

#### Peru

2 Pin Flat

## Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award-winning tour leaders who you can trust.
- Responsible travel is and always has been one of the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, or any number of unusual forms of transport. Often you will stay in family-run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to – and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

### Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants, allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

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## Earth Matters

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people) and have recently supported women's cooperatives in Borneo and Morocco. We are a member of Tourism Concern's Ethical Tour Operator Group ([www.tourismconcern.org.uk](http://www.tourismconcern.org.uk)) and support their campaign for fair and ethical tourism. We also care passionately about the world's wildlife and actively support and promote the Born Free Organisation and Mahouts Elephant Foundation.

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## Booking Your Holiday

### Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

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### Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking

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### 100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2016 and 31st December 2017.

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### Trip Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2017 itinerary versions are applicable to tours departing in 2017. 2018/19 itinerary versions are applicable to tours departing from 1st January to 31st December 2018.

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