EXPLORE! Tour Notes

PRICE GUARANTEE 100% NO SURCHARGES

Aegean Sites of Ancient Caria and Ionia (TA 2014)

CULTURAL DISCOVERY

TOUR DURATION **8** DAYS

Tour Style: Classic
Tour Pace: Moderate
Tour Type: Small Groups
Tour Comfort: Standard
Tour Code: TA

Tour Highlights - Aegean Sites of Ancient Caria and Ionia

- ✓ Discover ancient Caunus - Now surrounded by the wetlands and wildlife of the beautiful Dalaman river estuary
- ✓ Aegean treasures - Explore the remains of ancient Priene and Miletus, and the Temple of Apollo at Didyma.
- ✓ Alinda and Pinara - Take in these little-visited gems and experience the hospitality of rural Turkey.
- ✓ Ephesus - One of the ancient world's most important archaeological sites and still an active excavation site today.
- ✓ Pamukkale and Hierapolis - Admire the hillside of white tavertines, and explore the ancient city of Hieropolis above

Tour Essentials

Accommodation:	7 nights Standard Hotel
Included Meals:	7 breakfasts, 0 lunches, 0 dinners
Start Point:	Join tour: Dalyan
End Point:	Tour ends: Fethiye
Transport:	Bus, Boat
Countries:	Turkey

Aegean Sites

Enjoy a week exploring some of Turkey's best Greco-Roman sites, including Ephesus, Aphrodisias and the impressive Temple of Apollo at Didyma. We also visit the less well known Ionian sites of Miletus and Priene. In Pamukkale, like the ancients before us, we can enjoy a dip in the hot mineral waters of the ancient spa, and visit the ruins of ancient Hierapolis. We also tour the ancient harbour city of Caunus, take an optional visit to the turtle conservation centre at Iztuzu Beach and enjoy a village lunch in tranquil Minare.

Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

Tour Comfort: Standard

Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.

Tour Style: Classic

Packed with adventure, these tours offer inspiring destinations and authentic travel experiences at a reasonable price. Using all kinds of transport and accommodation, we'll take you off the beaten track to discover the true heart of the people and places you visit.

Tour Pace: Moderate

These moderately paced tours provide some busy days with plenty of experiences to enjoy, as well as time to relax along the way.

Your tour itinerary

Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

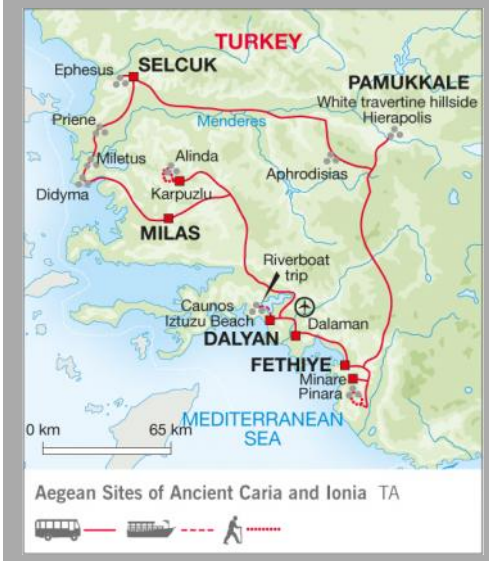
Your Tour Leader

A Tour Leader is an integral part of any Explore tour and your tour will be led by one of our experienced Tour Leaders who have been handpicked and expertly trained. We believe that our Tour Leaders are the key to the success of our tours; they are passionate travellers who are bursting with first-hand local knowledge which they love to share. Your Tour Leader will also take care of all the planning and organisation throughout your journey. Their passionate approach will make this tour fun and inspiring, bringing the destination to life whether you're travelling alone or with others.

DAY 1 Join tour Dalyan

Arrive Dalyan and check-in at hotel. Once a small fishing village on the edge of the Dalyan River, Dalyan has grown into a small town. It is famous for its meandering reedbed waterways that lead to the beautiful golden sand Iztuzu Beach, and for Lycian rock tombs that can be viewed in the cliffs above the town. The ancient city of Caunus is also a short walk away.

Overnight: **Standard Hotel**
Single Rooms Available



DAY 2 Excursion to Caunus

This morning we take a small boat through reed beds to the ruins of Caunus, an important city circa 400 BC. Here, we can clamber up to the higher points of the Citadel from where there are fine panoramic views across the reed beds to the distant Aegean. We continue by boat to Iztuzu Beach, perhaps the best beach in all Turkey, for an afternoon of relaxation before returning to Dalyan.

Overnight: **Standard Hotel**
Single Rooms Available

DAY 3 Drive to Milas via Alinda

On our way to Milas we stop at the ruins of Alinda, a place where time stopped at the close of antiquity and now seems to be part of a lost landscape. Olive trees have pushed through the ground invading the ancient theatre where cows graze freely in this surreal setting. Situated on a rocky acropolis close to the village of Karpuzlu, this was Ada's capital and she built a wall around her city in circa 344BC. She welcomed Alexander the Great who in turn rewarded her with the governorship of the Carian region. We continue to Milas and check into our hotel.

Overnight: **Standard Hotel**
Single Rooms Available

DAY 4 Drive via Didyma, Miletus and Priene to Selcuk

Heading north we drive first to Didyma, whose Temple of Apollo held an oracle as important as the one at Delphi, in Greece. Today the massive scale of the fallen columns and the wealth of the intricate carvings bear testimony to the power of the ancient cult of Apollo. Then to Miletus, whose 15,000 seat theatre is evidence of the city's importance in Greek and Roman times, before its harbour silted up and gradually the city was abandoned. Finally we come to the smaller and more picturesque site of Priene, perched on a hillside overlooking the Menderes (ancient 'Meander') valley. As this Ionian city was not built on by the Romans, archaeologists have been left with a vivid picture of the scale and layout of a typical city of the 4th century BC. We continue to Selcuk, with its prominent Byzantine fortress and remains of the huge Temple of Artemis, once considered to be one of the seven wonders of the Ancient World, but sadly now totally destroyed.

Overnight: **Standard Hotel**
Single Rooms Available

DAY 5 Visit Ephesus

This morning we have arranged a visit to the great Greco-Roman city of Ephesus, once visited by Mark Anthony and Cleopatra, and also by the evangelist St. Paul (which inspired the Epistle to the Ephesians). This famous old Asia Minor seaport reached its peak in the 2nd century AD and declined after the 7th century. One of the main cultural and economic centres of the Old World, it once boasted excellent gymnasia and a stadium seating 70,000 spectators. Other highlights include the Baths of Constantine (4th century), the Arcadian Way (where Cleopatra entered from the Harbour), the Marble Avenue (with the 2-storeyed Library of Celsus, one of the most famous reconstructions of a Greco-Roman building in the world), the brothel, the Temple of Hadrian with its beautiful facade, the theatre (a giant with 24,000 seats) and the odeon (a 2000-seat music and poetry centre). After lunch, for those interested, we drive into the hills to visit the beautifully restored, old Greek village of Sirince.

Overnight: **Standard Hotel**
Single Rooms Available

DAY 6 Drive via Aphrodisias to Pamukkale and Hierapolis

Leaving Selcuk we drive to ancient Aphrodisias, where the goddess of love once bestowed her sensual favours on willing devotees. Here we will have a guided tour of the site and visit the museum before continuing to one of Turkey's most amazing natural wonders, the 'frozen waterfall' of Pamukkale. Situated on a high escarpment, Pamukkale has been an attraction since Roman times. Stalactites of a petrified waterfall cascade from basin to basin, a most spectacular sight. We visit the incredible travertine pools, where you can opt to swim and enjoy the views overlooking the Menderes Valley. Continuing to Hierapolis where the ruins date back to 190 BC and the time of Eumenes II. Earthquakes have rocked the area throughout history and the site was finally abandoned in 1334 following a particularly strong quake.

Overnight: **Standard Hotel**
Single Rooms Available

DAY 7 Drive via Minare village and Pinara to Fethiye

Our drive today is a panorama; a mixture of high steppe followed by the forested mountains of the western Taurus. Descending into the ancient province of Lycia we visit the ruins of one the major cities of the region, Pinara. This still remote setting affords wonderful

views across the Xanthos Valley to the high peaks of the Taurus. The site has Roman and Lycian rock tombs some of which are decorated with well-preserved reliefs. From Pinara we continue on to the harbour town of Fethiye.

Overnight: **Standard Hotel**
Single Rooms Available

DAY 8 Tour ends Fethiye

Our tour ends today in Fethiye.

Accommodation and Meals

Food & Drink

Included meals: 7 breakfasts, 0 lunches,0 dinners included in the price of this tour. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

Budgeting for your Tour

You will need some extra money to cover meals and drinks not included in the tour price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

Other Sightseeing & Activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations.

Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Optional Excursions

Pammukale - Swim in sacred pool £10.00.
Selcuk - Turkish Bath £8.00.
Iztuzu Beach - Sea Turtle Hospital £5.00

Tipping - Tour Leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

Tipping - Local Crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly, you should allow £15 for tipping.

In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour.

Foreign Exchange

Turkey

ATM Availability: ATMs are widely available throughout Turkey. However, if travelling to Cirali, there are no banks or ATMs in the town thus it is advised to bring cash and credit cards. Although it is possible to buy Turkish Lira at the airport in Antalya there will probably be queues which will cause delays to the group transfer thus it is preferable if Lira is arranged before arriving.

Credit Card Acceptance: In major restaurants.

Travellers Cheques: Not recommended.

Local Currency: Turkish Lira.

Recommended Currency for Exchange: Major foreign currencies such as US Dollars, £Sterling and Euros can easily be changed. We advise against travelling with Travellers Cheques as commission rates are high. Other currencies can be exchanged in larger cities. We advise you to change money in Turkey as rates tend to be better.

Where to Exchange: Most major towns - your Tour Leader will advise you on arrival.

Joining your Tour

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a land only package with Explore

For passengers making their own travel arrangements, please ensure you join the group as described on day one of the tour itinerary. If you are considering purchasing your own airline tickets, you can book these through any travel agent, directly with an airline or through an online flight consolidator. In all cases, we would be happy to arrange transfers to and from the joining point of your tour if required.

Joining Tour Abroad

Clients booked on **'Land Only'** arrangements should make their own way to the joining point. Please refer to separate **'Joining Instructions'** for time and place of rendezvous with tour leader

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Important Information

Travel Insurance

It is a condition of joining **any** of our tours that you must have valid travel insurance. It must indicate that you have cover for (at least) medical expenses and emergency repatriation in the event of illness or injury. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling in England and Scotland. We also strongly recommend your policy includes curtailment, personal effects and cancellation protection as all deposits paid are non-refundable.

If you require travel insurance for your tour, Explore Worldwide is an appointed representative of Campbell Irvine Limited, who is authorised and regulated by the Financial Services authority. Our travel insurance policy is specially tailored to the needs of the adventure traveller and will cover you for any included activity on any Explore trip. You can either purchase this at the time of booking or call us on 0844 499 0903 after you have booked.

Visa Information

Turkey: Visas are required by UK citizens and can be obtained on arrival until 9th April 2014. Please make sure you have an English £10.00 note with you.
From the 10th April you will only be able to get your visa online prior to arrival at https://www.evisa.gov.tr/en/ either way make sure you have a blank page in your passport for the stamp.

Other nationalities should consult their local embassy or consular office.

All visa information is subject to change. You should confirm all visa related questions with the relevant Embassy prior to departure

Vaccinations & Protection

Turkey

Nothing compulsory, but we recommend protection against tetanus, typhoid, infectious hepatitis and polio. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at http://www.explore.co.uk/Travelhealth/ and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

Preparing for your Tour

Climate

Turkey

Evenings and early mornings can be cool in the early and late season (before mid May and after early October). Summers are hot and dry with refreshing sea breezes. Seasonal weather patterns can be unpredictable. Up to date information on the weather worldwide can be found by following the BBC weather link on this page.

Clothing

The long Turkish summer can be hot, though much of the Mediterranean coastline is freshened by sea breezes. A warmer sweater or light fleece and long trousers are advisable for the evenings in early and late season.

March / April and late September / October / November tend to be cooler so bring layers and some warmer clothes. A light rainjacket may also be useful.

Equipment

Bring a water bottle, torch, sunblock, sunhat, sunglasses and insect repellent.

Footwear

Trainers or comfortable walking shoes are required for exploring the ancient sites, and sandals for general use.

Luggage: On Tour

One main piece of baggage and daypack.Remember you are expected to carry your own luggage so don't overload yourself.

Luggage allowance on tour: 20kg

General Information

Food

The prices for meals and drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive. The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide.Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Turkey

Lunch £: 7.00

Dinner £: 13.00

Drink

Turkey

Bottle of Beer £: 2.70

Water £: 1.00

Country details

Turkey

Population: 66,000,000

Size of Country: 779,452 sq km

Major Language: Turkish

Religion: Muslim, Christian

Time Difference to GMT: +3

Electric Supply & Plugs

Turkey

2 Pin Round

Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years experience, we are passionate about what we do.
- Pioneering small group adventures & tailormade holidays.
- Award winning tour leaders who you can trust.
- Responsible travel is and always has been one the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, elephant, or any number of unusual forms of transport . Often you will stay in family run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to – and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

Our commitment to the environment

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures and traditional, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: The Sunshine Orphanage (which cares for abandoned children in Luxor, Egypt), Education for All (sponsoring children through their secondary education in Morocco), The Hope Foundation (helping an Indian Village to recover from the 2004 Tsunami) and the Mufindi Orphanage, which support AIDS orphans in Tanzania.

We also care passionately about the world's wildlife. We are patrons of the Born Free Organisation, Travel Operators for Tigers (helping save the Bengal Tiger from extinction) and Friends for Conservation. We have also adopted a beautiful Sri Lankan Elephant called 'Serendip'.

We are delighted to have received a Five Star sustainable tourism status from the Association of Independent Tour Operators in recognition of our on-going commitment to sustainable tourism.

Cool Earth

Explore are delighted to support Cool Earth to reduce carbon emissions through preventing the illegal deforestation of the South America rainforest. One of the top sources of global carbon emissions, rainforest deforestation equivalent to the USA's annual emissions, it also destroys flora and fauna, sometimes to the point of extinction. It also degrades the lives and communities of the 350 million residents of the rainforest.

Cool Earth prevents the deforestation through its support of local communities as forest guardians and by focussing on areas in immediate danger of deforestation. It has so far protected over 350,000 acres of rainforest, with each acre saving an emission of 260 tons of CO2, as well as protecting rare animals and plants. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year. In addition to mitigating emissions, when you travel with Explore, you are helping to protect the source of 20% of the world's fresh water and oxygen, as well as the livelihoods of the 1.6 billion people who are reliant on the rainforest. www.coolearth.org

Earth Matters

- The Travel Foundation

  Explore are active members and supporters of the Travel Foundation which has established a variety of sustainable tourism projects in destinations and works with industry to improve practice. Visit their website www.thetravelfoundation.org.uk
- Tourism Concern

  Explore support the work of Tourism Concern who campaign for fairly and ethically traded tourism, and are part of its Ethical Tour Operator Group www.tourismconcern.org.uk
- For further information on responsible travel go to http://www.explore.co.uk/ResponsibleTourism/

Know before you go

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at http://www.explore.co.uk/essential-travel-information/travel-resources/travel-safety

Booking Your Holiday

Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking

100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2013 and 31st December 2014.

Tour Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2014 itinerary versions are applicable to tours departing in 2014. 2015/16 itinerary versions are applicable to tours departing from 1st January to 31st December 2015.

These tour notes were printed on 14/03/2014 08:17:22