

# EXPLORE!

## TRIP NOTES



### Islands in the Sun (TT 2017)



TRIPDURATION  
**14**  
DAYS



**Tour Style:** Classic  
**Tour Pace:** Relaxed

**Tour Type:** Small Groups  
**Accommodation**  
**Grade:** Standard

**Trip Code:** TT

#### Trip Highlights - Islands in the Sun

- ✓ Bangkok - The spectacular Grand Palace and temple of the Reclining Buddha
- ✓ Koh Yao Noi - Island life in picturesque Phang Nga Bay
- ✓ Krabi - Beautiful beaches and limestone landscapes
- ✓ Koh Lanta - Golden sand beaches and magical sunsets over the Andaman Sea
- ✓ Koh Hai - Boat trip to the secret Emerald Cave

#### Trip Essentials

**Accommodation:** 2 nights Premium Hotel  
2 nights Simple  
Overnight Train  
4 nights Standard  
Bungalow  
5 nights Standard Hotel

**Included Meals:** 11 breakfasts, 0 lunches, 0 dinners

**Start Point:** Join trip: Bangkok  
**End Point:** Trip ends: Bangkok  
**Transport:** Bus, Train, Boat, Ferry  
**Countries:** Thailand

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## Islands In The Sun

On this tropical adventure we cruise between Thailand's idyllic islands in the southern Andaman Sea, spending time on Koh Yao Noi, Koh Lanta and Koh Hai as well as mainland Krabi. We have time to swim and snorkel in warm tropical waters against a backdrop of craggy limestone outcrops that are dotted through Phang Nga Bay. We can visit the secret Emerald Cave, and learn to cook a delicious Thai meal or simply relax on beautiful white sand beaches under the shade of a swaying coconut palm.

### Why Book this trip

This trip to Thailand is a great way to escape our winter months. This is an excellent trip for first-timers to the country as it will give you a flavour of the culture in Bangkok but focus mainly on seeing the beautiful islands and beaches of the Andaman Sea in the south. You will be travelling using a mixture of overnight trains, public ferries and private buses really giving you a flavour of being in the destination, however plenty of free time is built in on the islands for you to fill as you please.

### Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

### Accommodation Grade: Standard

Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.

### Tour Style: Classic

Packed with adventure, these tours offer inspiring destinations and authentic travel experiences at a reasonable price. Using all kinds of transport and accommodation, we'll take you off the beaten track to discover the true heart of the people and places you visit.

### Tour Pace: Relaxed

Easy paced tours with plenty of time to relax and absorb the sights and immerse yourself in the local surroundings.

## Your trip itinerary

### Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

#### DAY 1 Join tour in Bangkok

Arrive Bangkok and check in at the hotel. The rest of the day is free. You may choose to take an optional cruise along the city's Klongs (canals) in a traditional longtail boat. This is the ideal way to explore Bangkok's network of meandering waterways that branch off from the main channel of the Chao Phraya River. The excursion will also include visits to the Royal Barge Museum and the iconic Wat Arun, the Temple of the Dawn, which was built to represent the towering slopes of Mount Meru, the home to the gods of Khmer mythology.

Overnight: **Premium Hotel**  
**Single Room Available**

**Swimming Pool Available** 



 **Included Meals:** None

## DAY 2 In Bangkok, visit Grand Palace and Wat Po; overnight train to Surat Thani

Travelling on foot this morning we head for the magnificent splendour of the Grand Palace, where we enjoy a tour of the site in the company of a local guide. Dating from the latter years of the 18th century, this huge edifice represents the emergence of the Thai nation once more from under the yoke of Burmese oppression. It is opulence on the grandest scale and is almost certainly the most impressive site in the city, with its unrivalled collection of palaces, golden stupas, wats (temples) and ornately decorative statues. The most impressive of the wats within the palace grounds is Wat Phra Kaeo (The Temple of the Emerald Buddha), where we find the small jade statue of Buddha, believed to have been created in Sri Lanka and reputedly discovered when a lightning storm split open an ancient chedi in the northern town of Chiang Rai during the early years of the 15th century. Reputed to contain fabulous powers it is still worshipped by Thais, from the king down, to this day. After our visit we continue on foot to the rambling complex of Wat Po, older even than the city itself and home to the fabulous reclining Buddha, a 46 metre golden plated statue depicting Lord Buddha as he enters Nirvana. We will have some free time to enjoy the delights of Bangkok before we head to the station, to get our overnight sleeper train to Surat Thani.

Overnight: **Simple Overnight Train**

 **Included Meals:** Breakfast

## DAY 3 Drive to Phang Nga Bay; island hopping cruise to Koh Yao Noi

We arrive at Surat Thani and if time allows we can enjoy a walk around a local market before driving south to the pier to board a private long tail boat, depending on group size we may have more than one boat, for a lazy cruise through picturesque Phang Nga Bay to our first island of Koh Yao Noi. As we make our way through a seascape dotted with craggy limestone islands we will make a couple of stops to visit small islands, so that we can enjoy the beaches and warm waters of this idyllic part of Thailand. We arrive at Koh Yao Noi in the mid afternoon and take a short drive in a local truck to our hotel base for the next two nights.

Overnight: **Standard Bungalow**  
**Single Room Available**

 **Included Meals:** None

## DAY 4 Free day on Koh Yao Noi

Today is free for you to either relax under the shade of a palm tree or choose from a number of optional excursions including hiring a bicycle and cycling around the island to learn about daily life on the island; or kayaking to nearby islands; or taking an island tour to see a rubber plantation, rice farming and other local industries. Your tour leader will discuss various options with you.

Overnight: **Standard Bungalow**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 5 Public ferry to Ao Thalene for kayaking; drive to Nopparat beach in Krabi

This morning we transfer by local truck to the pier where we board a public long tail ferry to Ao Thalene pier from where we join other travellers on a kayaking excursion for around two to three hours. We then drive on to our hotel on Nopparat beach. On arrival we check into our hotel for the next two nights, after which the rest of the day is free to enjoy this stunning location at your leisure. Renowned for its limestone outcrops, the region is littered with caves that have unearthed prehistoric rock paintings and artefacts that date back some 40,000 years, one of the oldest finds of human habitation in South East Asia. These caves are also one of the prime sources worldwide for the nests of the Swiftlet that is used to make bird nest soup. Please note: rooms are air-conditioned and have fans. Hot water is available at certain times of the day.

Overnight: **Standard Bungalow**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 6 Free day in Krabi; optional cruise to Koh Phi Phi

A free day affords another opportunity to relax and enjoy the balmy serenity of these tropical shores, relaxing on the beach, or perhaps taking a walk through the surrounding area. Considered one of the most picturesque regions in southern Thailand, the area is blanketed in verdant vegetation, white beaches and numerous caves, islands and waterfalls just waiting to be explored. Alternatively you may wish to take the short trip to Krabi, to partake in an optional Thai cookery course, where an expert cook will teach even the most inexperienced the fundamentals of Thai cookery so that the fabulous cuisine can be recreated on your return home. For those looking for adventure farther afield there is the option to take a morning ferry to Phi Phi Island. Here, magnificent limestone cliffs rise

out of the water while warm waves crash on the brilliant white sand. The undulating island is covered with rich vegetation and bright flowers and fringed with thatched roof houses. It was on Koh Phi Phi that the film *The Beach* was filmed.

Overnight: **Standard Bungalow**  
**Single Room Available**

 **Included Meals:** Breakfast

DAY **7** Public ferry to Koh Lanta; free afternoon

Transferring to the local pier we take a public ferry to the island of Koh Lanta, whose beautiful beaches have earned it the name of Pulau Satak by the local people (Island of the Long Beaches). Its white sands and forested hills present the ideal backdrop to our stay amidst the warm waters of the Andaman Sea and on our journey to the island we may even be accompanied by dolphins and flying fish, so keep your eyes peeled. On arrival we will transfer to our hotel and check in, after which the rest of the day is free to explore, or simply relax and take in the tranquil ambience of our idyllic surroundings. Inhabited largely by Muslims who arrived here from Malaysia 200 years ago, this beautiful island is some 25 kilometres long, with a steep ridge forming a forested interior. Parts of its lush interior are cultivated, but most villagers are still involved in the time-honoured occupation of fishing, much as their ancestors have been for generations. There are superb deserted beaches to wander along, or watch the fishermen pull in a catch, while children splash in the golden waters at sunset. This is the spot to forget your worries and relax and a Mai Tai cocktail, whilst watching the sunset offers a perfect end to the day.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

DAY **8** Free day on Koh Lanta

A free day on the island affords a wealth of opportunities to enjoy some optional excursions, including walks in the national park, a boat trip into the warm waters, or perhaps an excursion by bus around the island. The pristine waters of these shores present ideal opportunities for diving and snorkelling.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

DAY **9** Public ferry to Koh Hai; free afternoon

A short boat transfer takes us to the beautiful island of Koh Hai, (sometimes called Koh Ngai), the least developed of the islands we stay on, and a true paradise that is perfect for exploring, with its fine white sandy beaches, clear water and vibrant coral reef. A landscape of ragged limestone outcrops and evergreen forests offer a spectacular backdrop to our stay here. Once we have checked in the rest of the day is free to enjoy as you wish.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

DAY **10** From Koh Hai, boat trip to Ko Muk; swim through Emerald Cave; free afternoon

Our first full morning on Koh Hai sees us taking a boat trip to the nearby Trang Andaman Island of Koh Muk, where we stop off to visit the stunning Emerald Cave (Tham Morakot). An 80 metre swim along a limestone tunnel emerges at an inland beach, surrounded by enclosed cliffs covered in vegetation and an open pool of water that reflects the most beautiful emerald colour. This island is the perfect place to relax and unwind - perhaps taking the opportunity for further snorkelling or a walk through the forested interior to the other side of the island. Returning to Koh Hai the rest of our time on this glorious island is free to enjoy as you wish. You may like to take a walk into the forested slopes of the National Park, where crab-eating monkeys and monitor lizards travel down from the mountains to wander through the plantations of palms in search of food. Alternatively you can enjoy more of the spectacular reefs off shore, either from the beach, or by taking boat trips from the island.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

DAY **11** Free day on Koh Hai

Another free day affords an opportunity to return to the forested landscapes of the National Park, or perhaps to take a speedboat to nearby Rok Nok or Rok Nai, to enjoy some snorkelling and shopping. Of course you may just prefer to soak up the idyllic majesty of

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our island paradise and relax by the warm waters of the Trang Sea. This evening there is the option to take a sunset cruise from Koh Hai, a fitting way to spend our final night on the islands, before returning to the city.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

DAY **12** Free morning; afternoon public ferry to Trang, and overnight train to Bangkok

After a free morning we take the ferry back to the mainland, from where we take the overnight train from Trang back up to Bangkok.

Overnight: **Simple Overnight Train**

 **Included Meals:** Breakfast

DAY **13** Free time in Bangkok

After arriving in Bangkok the rest of the day is left free in this vibrant and bustling capital city.

Overnight: **Premium Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** None

DAY **14** Tour ends in Bangkok

Our tour ends after breakfast. If you have time you may wish to wander through Chinatown for a different flavour of the city, or visit one of the many shopping malls and markets.

 **Included Meals:** Breakfast

## Accommodation and Meals

### Accommodation Notes

We carefully select the accommodation on this relaxed beach-based trip to ensure a pleasant stay, in some cases the facilities at some of the island hotels are less sophisticated than in the city, with electricity supply and hot water availability being limited in some instances. This maybe because of restrictions in the mains supply or the hotels may need to generate their own electricity and do not wish to run their generators 24 hours a day. In the heat and humidity many people prefer a cool shower - note that where the bathing water supply is unheated, it will take on the surrounding air temperature so still be relatively warm!

### Food & Drink

Included meals: 11 breakfasts, 0 lunches, 0 dinners included in the price of this trip. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

## Budgeting for your Trip

You will need some extra money to cover meals and drinks not included in the trip price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

### Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

#### Thailand

**Lunch £:** 3.00 - 5.00

**Dinner £:** 4.00 - 8.00

### Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.

## Thailand

**Bottle of Beer £:** 1.50

**Water £:** 0.50

## Other Sightseeing & Activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations.

Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

## Optional Excursions

Koh Lanta - Bus excursion US\$45; Boat to Koh Roh US\$45

Phi Phi - Sightseeing, snorkelling with lunch US\$50

Krabi - Thai cookery course US\$55; half day kayaking US\$28 (US\$33 incl lunch); full day kayaking to Koh Hong US\$56 incl lunch

Koh Hai - Speedboat to Phi Phi US\$75

Bangkok - Longtail boat excursion on the Klongs includes visit to Royal Barge museum and Wat Arun US\$22

## Tipping - Tour Leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

## Tipping - Local Crew

You should allow approximately US\$25.

## Foreign Exchange

### Thailand

**ATM Availability:** ATMs are available in Bangkok but are limited on the islands.

**Credit Card Acceptance:** Major stores and restaurants.

**Travellers Cheques:** Can be exchanged at banks and exchange offices throughout the tour although rates may not be as favourable.

**Local Currency:** Thai Baht

**Recommended Currency for Exchange:** We recommend that you bring your money in GBP or US\$.

**Where to Exchange:** Most major towns and on the islands - your Tour Leader will advise you on arrival.

## Joining your Trip

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at [www.explore.co.uk](http://www.explore.co.uk), in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Important Information

### Travel Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

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Travel Insurance is essential. If you have not already arranged cover, please contact our recommended Travel Insurance providers [www.campbellirvinedirect.com/Explore](http://www.campbellirvinedirect.com/Explore) who offer Travel Insurance specifically designed to cover travel with Explore or call **Campbell Irvine Direct** on Tel: 020 7938 1734

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### Travel Aware

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at [www.explore.co.uk/travel-safety](http://www.explore.co.uk/travel-safety)

We strongly advise that you register with the FCO to receive updates to the travel advice for your chosen destination. A hard copy of the current FCO Travel Advice for your chosen destination is available by contacting [cr@explore.co.uk](mailto:cr@explore.co.uk) or 01252 379438.

### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### Visa Information

Thailand: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens for a stay of less than 30 days. All passports must have at least 6 months validity remaining on entry to Thailand. Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

### Vaccinations & Protection

#### Thailand

Nothing compulsory, we recommend protection against malaria, typhoid, tetanus, diphtheria, polio and infectious hepatitis. Although not compulsory, travellers may also wish to immunise themselves against Japanese encephalitis. Consult your travel clinic for latest advice on Malaria and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

## Preparing for your Trip

### Climate

#### Thailand

Generally hot with high humidity. There is some rainfall from April to September with most days being hot (around 33 Degrees) and a light breeze on the islands. If it does rain, it will be more of a heavy tropical downpour that lasts a few hours. Additional information and climate charts can be accessed at <http://www.explore.co.uk/weather>.

### Clothing

Pack essentially for hot weather. Bear in mind that the region is tropical (humid) and that days can be very hot. Lightweight rainwear or an umbrella is advisable all year. Casual clothes are the most practical (something with long sleeves, and long trousers for evenings), and tight fitting garments should be avoided. Laundry facilities are available on the islands. A swimming costume is a must.

### Equipment

A small torch, insect repellent, water bottle. Bring a beach towel and high factor sunscreen. If you intend to do a lot of snorkelling we recommend you bring your own mask and snorkel, as local equipment is not always top quality. A disposable waterproof camera can be useful whilst snorkelling. Any qualified divers should remember to bring logbooks and certification with them if intending to dive.

### Footwear

Comfortable shoes and sandals. Flip-flops or Thongs are useful when hopping on and off boats.

### Luggage: On Tour

One main piece of baggage and a daypack.

Luggage allowance on trip: 20kg

## General Information

### Country details

#### Thailand

**Population:** 67,000,000

**Size of Country:** 514,000 sq km

**Major Language:** Thai

**Religion:** Buddhism

**Time Difference to GMT:** +7

### Electric Supply & Plugs

#### Thailand

2 Pin Round

## Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award winning tour leaders who you can trust.
- Responsible travel is and always has been one of the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, or any number of unusual forms of transport. Often you will stay in family run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to - and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

### Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants,



allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

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## Earth Matters

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people) and have recently supported women's cooperatives in Borneo and Morocco. We are a member of Tourism Concern's Ethical Tour Operator Group ([www.tourismconcern.org.uk](http://www.tourismconcern.org.uk)) and support their campaign for fair and ethical tourism. We also care passionately about the world's wildlife and actively support and promote the Born Free Organisation and Mahouts Elephant Foundation.

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## Booking Your Holiday

### Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

### Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking

### 100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2016 and 31st December 2017.

### Trip Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2017 itinerary versions are applicable to tours departing in 2017. 2018/19 itinerary versions are applicable to tours departing from 1st January to 31st December 2018.

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