

# EXPLORE!

## TRIP NOTES



### Turkish Delights (TU 2017)



TRIPDURATION  
**15**  
DAYS



**Tour Style:** Classic

**Tour Pace:** Full On

**Tour Type:** Small Groups

**Accommodation**

**Grade:** Standard

**Trip Code:** TU

#### Trip Highlights - Turkish Delights

- ✓ Istanbul - Discover the magic of 'Old Stamboul' on foot, including the Blue Mosque and Topkapi Palace
- ✓ Cappadocia and Pamukkale - Explore these unique and contrasting natural landscapes
- ✓ Hierapolis, Caunos, Aphrodisias, Ephesus and Troy - Take in these legendary ancient sites
- ✓ Gallipoli - Visit this poignant World War I battlefield site
- ✓ Turquoise Coast - Swim in warm waters, relax on golden beaches and stay in the beautiful seaside town of Kas

#### Trip Essentials

**Accommodation:** 14 nights Standard Hotel

**Included Meals:** 14 breakfasts, 0 lunches, 0 dinners

**Start Point:** Join trip: Istanbul

**End Point:** Trip ends: Istanbul

**Transport:** Bus, Boat, Ferry

**Countries:** Turkey

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## Turkish Delights

Turkey is a country of contrasting landscapes and immense cultural riches. This all-encompassing trip takes-in the cosmopolitan city of Istanbul; explores rich ancient sites, such as Aphrodisias and Ephesus; discovers the unusual landscapes of Pamukkale and Cappadocia and visits the World War I battlefields of Gallipoli. Our journey also takes us along the 'Turquoise Coast' of Lycia, with its stunning beaches and quaint seaside towns.

### Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

### Accommodation Grade: Standard

Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.

### Tour Style: Classic

Packed with adventure, these tours offer inspiring destinations and authentic travel experiences at a reasonable price. Using all kinds of transport and accommodation, we'll take you off the beaten track to discover the true heart of the people and places you visit.

### Tour Pace: Full On

These fast paced tours move on quickly from place to place and with lots of early starts and long busy days, they're packed with experiences.

## Your trip itinerary

### Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

### Your Tour Leader

An Explore Leader is an integral part of any Explore trip and your trip will be led by one of our experienced Explore Leaders who have been handpicked and expertly trained. We believe that our Explore Leaders are the key to the success of our trips; they are passionate travellers who are bursting with first-hand local knowledge which they love to share. Your Explore Leader will also take care of all the planning and organisation throughout your journey. Their passionate approach will make this trip fun and inspiring, bringing the destination to life whether you're travelling alone or with others.

### DAY 1 Join trip in Istanbul

On arrival in Istanbul, we will check in to our conveniently-located hotel, within walking distance of many of the cultural and historical sites in the Sultanahmet district. As Constantinople, the city was the capital of both the Byzantine and Ottoman Empires, so today it is steeped in history and fascinating architecture. Modern day Istanbul also has much to offer its visitors, not least its famous cuisine and budding cafe culture. Depending on the time of your flight or if you're extending your stay by a night then we'd recommend visiting Istanbul's Grand Bazaar today, as it is closed on a Sunday, so there won't be the opportunity to go tomorrow.

Overnight: **Standard Hotel**  
**Single Room Available**



 **Included Meals:** None

## DAY 2 Walking tour of Istanbul including the Blue Mosque

This morning we'll get our first chance to try a traditional Turkish breakfast which usually consists of fresh cucumbers, tomatoes, olives and occasionally fruit. Along with a variety of yogurts, cheese and bread. We then explore the 'Old City' on foot, visiting the famous Blue Mosque, the opulent Topkapi Palace and the historic hub of Sultanahmet Square. This afternoon is free for you to explore at your own pace. You may choose to visit the impressive 6th century Sunken Palace cisterns or the great Hagia Sofia, which reigned as the greatest church in Christendom for 900 years. Alternatively, there is the chance to take a boat trip on the Bosphorus, offering stunning views of the Istanbul skyline. To appreciate the wonderful skyline of domes and minarets further, you may opt to climb the Galata Tower. This evening, you might choose to enjoy Istanbul's nightlife, with its large selection of restaurants, bars and entertainment. Your Explore Leader will be able to offer you advice based on your preferences.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 3 Travel to Ankara; visit Ataturk's Mausoleum and the Museum of Anatolian Civilisations

Leaving Turkey's largest city behind us, we head for the capital of Ankara. Our journey will take approximately six hours, but we travel through interesting countryside and have plenty of breaks. During the summer months, we are likely to pass through huge expanses of sunflowers - an important oil crop in the country. When we get to Ankara, we will visit the impressive Mausoleum of Mustafa Kemal Ataturk. This monumental building sits high above the city and honours the highly-respected leader of Turkey's fight for independence, widely regarded as the founder of modern Turkey. We'll also visit the superb Museum of Anatolian Civilisations, which gives a fantastic overview of Turkey's complex history. This evening, our centrally-located hotel provides an excellent base from which to explore the capital's restaurants and bars.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 4 Visit Hacibektas Museum en route to Urgup; see Kaymakli underground city

This morning, we set off on our journey to Cappadocia, stopping en route in Hacibektas. The museum here once housed the famous Bektashi Dervish sect and is now recreated as it would have looked during the 13th century. An hour's further drive takes us to Urgup - our base for the next two nights from which we will explore the lunar landscape of Cappadocia. This area is famed for its unique geological formations and a history that stretches back to before the Hittites (2000 BC). This afternoon we visit Kaymakli Underground City. Built by Christians escaping Arab oppression and once home to 3,500 people, this troglodyte cave-city is one of the largest of 34 similar excavations in Cappadocia. Built under the Citadel of Kaymakli, it contains nearly 100 tunnels on eight subterranean floors. We will explore the four that are open to the public, containing stables, a church and storage places. After a busy day exploring you might like to try a popular local yoghurt drink called, ayran, it has an unusual salty and soured milk flavour.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 5 Full day in Cappadocia

Later this morning we have the option of taking a three-hour walk through the remarkable Red and Rose Valleys, helping us to gain a better appreciation of this landscape. Formed by volcanic eruptions which covered the valleys with mud, ash and blocks of hard rock, over the ages this volcanic 'tufa' was sculpted by erosion into strange and improbable shapes. Byzantine hermits settled in this area and carved churches, houses, fortresses and even complete underground cities into these cone formations known as fairy-tale chimneys. This afternoon we visit Uchisar Castle, where rooms are carved into this massive rock on the top of the Uchisar citadel. From its peak, magnificent views can be gained of the whole region including the valleys that we walked through yesterday. We also spend time in the UNESCO World Heritage Site of the Goreme Open Air Museum, where we will explore its many rock-carved churches and monastic buildings; some of which feature a stunning collection of wall paintings.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast



## DAY 6 Konya, home to the Whirling Dervishes en route to Egirdir

Leaving Cappadocia this morning, our first stop is the 13th century Sultanhanı Caravansarai - once the largest roadside inn in Turkey, supporting the flow of commerce between the East and the West. We then drive for a further 2 hours to Konya - Turkey's holiest city and the home of the Mevlana sect, better known as the Whirling Dervishes. Here, we will visit the Mevlana Museum to learn more about Sufism and Whirling Dervish tradition. Later this afternoon, a drive of a couple of hours takes us to our night stop at the beautiful lakeside town of Egirdir. Here, you may have time to take a stroll along the lake shores or purchase some of the rose perfume the region is famous for, before watching the sun set over the lake.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 7 Journey to Kas via the ancient town of Olympos

This morning we head towards the illustrious ancient town of Olympos. Although its early history is shrouded in mystery, we do know that it was an important Lycian city by the 2nd century BC and that the Olympians worshipped Hephaestus (Vulcan), the god of fire. Today, only fragmentary ruins are left in a lush, overgrown site overlooking the tropical coastline. We will enjoy a short, but steep uphill walk through forest to the 'Chimaera' eternal flame, before having the opportunity to enjoy a refreshing dip in the sea - don't forget your swim wear and a towel. Those who would prefer not to join this walk can choose to relax in the cafe at the bottom of the hill. Our journey continues to the unspoilt coastal town of Kas - our base for the next two nights.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 8 In Kas with the chance to sea kayak or visit Xanthos

With its old Greek houses and their picturesque balconies, the tiny seaport of Kas is one of the most beautiful on the Turkish Riviera. Today has been left free for you to relax and soak up the town's charming atmosphere or take part in an optional activity. You could take a boat trip to see the sunken ruins at Kekova or try your hand at sea kayaking. Kas is also a great place to pick up souvenirs, but don't forget to haggle! For a little more culture, it is possible to arrange a trip to the UNESCO World Heritage Site of the ancient city of Xanthos.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 9 Boat ride to Caunos and Iztuzu Beach; arrive in Dalyan

Today's early morning drive to Dalyan allows us to enjoy a gentle riverboat trip through the reeds of the Koycegiz River, looking out for loggerhead turtles in this serene setting. After viewing the rock-cut tombs of ancient Caunos from the water, we step onto dry land to explore the ruins further, which date back to 400 BC. Once again, we recommend packing your swimming costume today, as we have the opportunity for a dip in the inviting turquoise sea at Iztuzu Beach before heading back to our hotel in Kas.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 10 Visit the ancient sites of Pamukkale and Hierapolis

Today we drive for about four hours to our hotel in Pamukkale. After spending the early afternoon relaxing by the pool, we will head out to explore this area known as the 'cotton castle,' taking its name from the white calcareous concretions deposited by mineral springs. Our first stop is the sacred site of Hierapolis - an ancient spa town with well-preserved Roman baths, tombs and an impressive theatre. People have been making the most of Hierapolis' thermal waters since the 2nd century BC and, as recently as the mid 20th century, hotels were being constructed on top of its priceless ruins. Luckily, UNESCO World Heritage status has saved it from further damage. We move on to view one of Turkey's most impressive natural wonders - the 'Frozen Waterfall'. A boardwalk offers us spectacular views of the unusual white cliff face with crystal blue pools and the huge valley below. Don't miss Cleopatra's Pool - an oasis of beauty with a mirror-like clarity that allows us to see deep down to the ruins below.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 11 Visit Aphrodisias Greco-Roman site; arrive in Selcuk

Today we visit the Greco-Roman site of Aphrodisias - one of the most interesting and earliest sites in the region. The cult of Aphrodite, the goddess of love, had its most important temple here and the city also established itself as an artistic centre, inspiring some of the finest Carian sculptures. Many of these can be seen in the impressive museum on the site. The athletics stadium is one of the largest and best preserved from the classical world. Later, a three hour drive takes us to Selcuk, our base for two nights.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 12 Explore Ephesus; chance to visit Selcuk Museum

Today we visit Selcuk's historic neighbour, the great Greco-Roman city of Ephesus. Once visited by Mark Anthony and Cleopatra, and also by St. Paul, inspiring the Epistle to the Ephesians, this famous Asia Minor seaport reached its zenith in the 2nd century AD. Ephesus became one of the main cultural and economic centres of the ancient world until it went into decline after the 7th century. Driving on a short distance, we will visit the famous Temple of Artemis, one of the Seven Wonders of the Ancient World, before returning to Selcuk for a free afternoon. In your own time, you may choose to explore St John's Basilica, the Isa Bey Mosque or Selcuk Museum. Alternatively, you may prefer to enjoy a bit of shopping or relaxation, soaking up the town's laid-back vibe. Selcuk is the ideal place to people-watch as you sip Turkish tea with the backgammon-playing locals in the many open air café's and parks.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 13 See Pergamum Acropolis and Troy en route to Canakkale

Continuing our journey north past endless olive groves and pomegranate trees, we come to the Greco-Roman remains of Pergamum, now the typical Turkish town of Bergama. This is the place that gave its name to the word 'parchment', for which it was famous throughout the Middle East. We will visit the ancient Acropolis and later continue to the ancient site of Troy where, according to legend, the artful Ulysses devised the Wooden Horse strategy, thereby ending the 10 year Trojan War. Here, nine ruined cities, one on top of the other, have been uncovered, going back some 5,000 years. Troy VI is the assumed walled city of King Priam (1800-1275 BC), celebrated by the blind Greek poet Homer in the Iliad and all but lost in legend until unearthed by amateur archaeologist Schliemann in 1871. Later this afternoon, we drive a short distance to our hotel for the night, in Guzelyal.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 14 Travel to the Gallipoli Battlefields; return to Istanbul

This morning, we board a ferry to cross the Dardanelles Straits to the Gallipoli Peninsula. It was here in 1916 that, after much bloody hand-to-hand fighting and loss of life, the ill-fated Allied campaign was forced to concede victory to the Turks and withdraw. We will visit the cemeteries, memorials and Anzac Cove before following the shoreline of the Sea of Marmara back to Istanbul for our final evening.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 15 Trip ends in Istanbul

Our trip ends in Istanbul this morning after breakfast.

 **Included Meals:** Breakfast

## Accommodation and Meals

### Accommodation Notes

Our hotel in Egirdir is in a lovely spot beside the lake and is cooled by the breeze across the water, however please note that the bedrooms do not have air-conditioning.

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## Food & Drink

Included meals: 14 breakfasts, 0 lunches, 0 dinners included in the price of this trip. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

## Budgeting for your Trip

You will need some extra money to cover meals and drinks not included in the trip price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

### Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

### Turkey

**Lunch £:** 7.00

**Dinner £:** 13.00

### Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.

### Turkey

**Bottle of Beer £:** 2.70

**Water £:** 1.00

### Other Sightseeing & Activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations.

Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

### Optional Excursions

Istanbul - Ferryboat rides on the Bosphorus 10 Pounds.

Istanbul - Aya Sofia 7 Pounds

Urgup - Turkish Bath 50 Turkish Lira (approximately 20 Pounds).

Kas - Sea Kayaking over sunken ruins of Kekova 35 to 80 Pounds dependent on numbers

Iztuzu Beach - Sea Turtle Hospital 5 Pounds

Xanthos - approximately 40 Pounds per person (prices vary depending on group size and may go up or down if above or below 3 people)

### Tipping - Tour Leader

At your discretion you might also consider tipping your Explore Leader in appreciation of the efficiency and service you receive.

### Tipping - Local Crew

Although entirely voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. Accordingly, you should allow 15 Pounds for tipping.

In order to make things easier for you, the Explore Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the trip.

### Foreign Exchange

#### Turkey

**ATM Availability:** ATMs are widely available throughout Turkey. To avoid large queues at the airport exchanges, you may wish to exchange some lira before arriving.

**Credit Card Acceptance:** In major restaurants.

**Travellers Cheques:** Not recommended.

**Local Currency:** Turkish Lira.

**Recommended Currency for Exchange:** Major foreign currencies such as US Dollars, £Sterling and Euros can easily be changed. We advise against travelling with Travellers Cheques as commission rates are high. Other currencies can be exchanged in larger cities. We advise you to change money in Turkey as rates tend to be better.

**Where to Exchange:** Most major towns - your Tour Leader will advise you on arrival.

## Joining your Trip

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at [www.explore.co.uk](http://www.explore.co.uk), in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Important Information

### Travel Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

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CAMPBELL IRVINE  
DIRECT TRAVEL INSURANCE



Travel Insurance is essential. If you have not already arranged cover, please contact our recommended Travel Insurance providers [www.campbellirvinedirect.com/Explore](http://www.campbellirvinedirect.com/Explore) who offer Travel Insurance specifically designed to cover travel with Explore or call **Campbell Irvine Direct** on Tel: 020 7938 1734

Explore Worldwide is an Introducer Appointed Representative of Campbell Irvine Ltd who are authorised and regulated by the Financial Conduct Authority.

### Travel Aware

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at [www.explore.co.uk/travel-safety](http://www.explore.co.uk/travel-safety)

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We strongly advise that you register with the FCO to receive updates to the travel advice for your chosen destination. A hard copy of the current FCO Travel Advice for your chosen destination is available by contacting [cr@explore.co.uk](mailto:cr@explore.co.uk) or 01252 379438.

## Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

## Visa Information

Turkey: Visas are required by UK citizens. We recommend that you obtain your visa online, prior to arrival at <https://www.evisa.gov.tr/en/>. This will cost US\$20 and you will need a blank page in your passport for the stamp. Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on **0208 5431846**.

## Vaccinations & Protection

### Turkey

Nothing compulsory, but we recommend protection against tetanus, typhoid, infectious hepatitis and polio. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

## Preparing for your Trip

### Climate

#### Turkey

Evenings and early mornings can be cool in the early and late season (before mid May and after early October). During the winter, temperatures usually hover between 0 and 10 degrees, but are usually wet, particularly around the coast. Summers are hot and dry with refreshing sea breezes. It is often cooler on higher ground and in the mountains and can be cold at night, even in the summer. Seasonal weather patterns can be unpredictable.

### Clothing

The long Turkish summer can be hot, although much of our route follows the coastline which is freshened by sea breezes. In the spring and autumn, a warmer sweater is recommended for the evenings, as is lightweight rainwear. In the winter, good quality rainwear is more suitable as there is a good chance of encountering rain. Temperatures may drop below freezing at night so wrap warmly - layers are best.

When visiting mosques, women should cover their head, shoulders and knees, so it's handy to pack a scarf. Men should also ensure their knees are covered.

### Equipment

Bring a water bottle, torch, sunblock, sunhat, sunglasses and insect repellent. We also recommend bringing your swimwear and a towel for those opportunities to swimming.

### Footwear

Walking boots or trainers with ankle supports are recommended for walks. Comfortable walking shoes will be useful for exploring some of the ancient sites and sandals for general wear. Plastic sandals are useful for protecting your feet against sea urchins on the rocks and you can also swim with them on.

### Luggage: On Tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself. Luggage allowance on trip: 20kg

## General Information

### Country details

#### Turkey

**Population:** 66,000,000

**Size of Country:** 779,452 sq km

**Major Language:** Turkish



**Religion:** Islam, Christian

**Time Difference to GMT:** +3

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## Electric Supply & Plugs

### Turkey

2 Pin Round

## Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award-winning tour leaders who you can trust.
- Responsible travel is and always has been one of the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, or any number of unusual forms of transport. Often you will stay in family-run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to – and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

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### Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants, allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

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### Earth Matters

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people) and have recently supported women's cooperatives in Borneo and Morocco. We are a member of Tourism Concern's Ethical Tour Operator Group ([www.tourismconcern.org.uk](http://www.tourismconcern.org.uk)) and support their campaign for fair and ethical tourism. We also care passionately about the world's wildlife and actively support and promote the Born Free Organisation and Mahouts Elephant Foundation.

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## Booking Your Holiday

### Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

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### Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking



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## 100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2016 and 31st December 2017.

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## Trip Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2017 itinerary versions are applicable to tours departing in 2017. 2018/19 itinerary versions are applicable to tours departing from 1st January to 31st December 2018.

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