

# EXPLORE!

## TRIP NOTES



### Vietnam Explorer + Cambodia Extension (VEC 2017)



TRIPDURATION  
**27**  
DAYS



**Tour Style:** Classic  
**Tour Pace:** Moderate

**Tour Type:** Small Groups  
**Accommodation**  
**Grade:** Standard

**Trip Code:** VEC

#### Trip Highlights - Vietnam Explorer + Cambodia Extension

- ✓ Hanoi - Wander through the bustling narrow streets of the Old Quarter lined with shop-houses
- ✓ Halong Bay - Traditional junk boat cruise through one of the most breathtaking limestone landscapes in South East Asia
- ✓ Hoi An - Charming ancient merchant's town on the banks of the Thu Bon River
- ✓ Kon Tum - Walk through cassava and sugar plantations to a Bahnar tribal village in the Central Highlands
- ✓ Mekong Delta - Riverside stilt houses and fascinating floating markets

#### Trip Essentials

**Accommodation:** 20 nights Standard Hotel  
2 nights Standard Junk  
1 night Simple Overnight Train  
1 night Standard Lodge  
2 nights Simple Boat

**Included Meals:** 25 breakfasts, 5 lunches, 6 dinners

**Start Point:** Join trip: Hanoi  
**End Point:** Trip ends: Siem Reap  
**Transport:** Bus, Train, Boat, Flight  
**Countries:** Vietnam

## Vietnam Explorer + Cambodia Extension

Take an in-depth journey across Vietnam visiting ancient colonial towns and experiencing traditional river life along the waterways. We follow part of the Ho Chi Minh Trail through the beautiful Central Highlands - we trek, raft and visit tribal villages. We also get to sea kayak around Halong Bay and cruise among floating markets on the Mekong Delta.

### Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

### Accommodation Grade: Standard

Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.

### Tour Style: Classic

Packed with adventure, these tours offer inspiring destinations and authentic travel experiences at a reasonable price. Using all kinds of transport and accommodation, we'll take you off the beaten track to discover the true heart of the people and places you visit.

### Tour Pace: Moderate

These moderately paced tours provide some busy days with plenty of experiences to enjoy, as well as time to relax along the way.

## Your trip itinerary

### Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

### Your Tour Leader

We believe that our Tour Leaders are the key to the success of our tours. Handpicked and expertly trained, they are native to the region and bursting with first-hand local knowledge which they love to share. Their passionate approach will make your tour fun and inspiring, bringing the destination to life whether you're travelling alone or with others. Your tour leader will also take care of all the planning and organisation throughout your journey, enabling you to relax and enjoy the experience fully.

Our multi-country tours often have more than one tour leader, which helps us to really get under the skin of each unique destination. As such, the VEC tour has a tour leader for Vietnam while the Cambodia section is handled by two guides.

### DAY 1 Join tour in Hanoi

Arrive Hanoi and check-in at the hotel. Vietnam's bustling capital is architecturally styled like a French provincial town, with tree-lined boulevards and low-rise buildings. Hanoi is a wonderfully nostalgic city to explore and this afternoon we have some free time to do so. You may choose to take a walk around the shores of Hoan Kiem Lake.

Overnight: **Standard Hotel**  
**Single Room Available**



 **Included Meals:** None

## DAY 2 Discover the sights of Hanoi including the Old Quarter

This morning we make a tour of the main sights of Hanoi. Among the interesting sights are the charming One-Pillar Pagoda and the Presidential Palace, a very fine example of French colonial architecture. Ho Chi Minh himself, a spartan-living and scholarly man, chose not to live in the Presidential Palace; he preferred instead a simple teak 2-storied stilt-house specially built for him in the grounds. In the afternoon we visit the Old Quarter of Hanoi. The streets are named after various crafts or specialities: Paper Street, Silk Street, Basket Street etc. The shops themselves have very narrow frontages but are actually quite deep; they are known locally as 'tube' shops.


Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 3 Free time in Hanoi, drive to Halong Bay; overnight on boat

This morning we drive out towards the magnificent Halong Bay in the Gulf of Tonkin. Thousands of jagged limestone islands rise out of the jade green waters like the hairy scales of a submerged dragon. In fact Ha Long means 'where the dragon descends to the sea' as legend tells that the rugged seascape was created by the pounding tail of a dragon as he ran from the mountains into the sea, carving islands in his wake. We enjoy the romantic scenery while cruising amongst the islands. We'll have the chance to stop at a grotto beneath towering cliffs and perhaps pull into a beach where you will have time to swim, relax or kayak (optional). It is also interesting to see the curious assortment of boats, junks and wooden sampans, their sails hoisted, gliding through the waters. We enjoy an included seafood lunch on board the boat. In the evening we'll transfer to our overnight boat. Accommodation will be in twin cabins, bedding and mattresses provided.


Overnight: **Standard Junk**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 4 In Halong Bay; sea kayaking and visit floating village; overnight on boat

We'll have the chance to stop at an island or Three Peaches beach under towering cliffs and fringed with thick jungle. You will have the opportunity to sea kayak through stunning limestone scenery - we carry our own kayaks and lifejackets and instruction is provided (this activity is optional, but at no extra expense). Late in the afternoon we visit Cua Van floating fishing village to experience some local life of the people in this part of the bay. Again in the evening we'll transfer to our overnight boat.

Overnight: **Standard Junk**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 5 Drive to Hanoi; sleeper train to Hue

This morning we board local rowing boats cruising through Bai Tu Long Bay. Enjoying our brunch while on the boat we get to see Bai Tho mountains and Ha Long market. During our cruise we sail to the beautiful caves of Hang Luon. We then return to Hanoi where we have day rooms before boarding the overnight sleeper train for the journey to Hué - bedding provided.

Overnight: **Simple Overnight Train**

 **Included Meals:** Breakfast

## DAY 6 Arrive in Hue; boat along Perfume River to Thien Mu Pagoda

We arrive in Hué, one of the great cultural and religious centres of Vietnam, a quietly impressive place and a major highlight of our trip. The Perfume River divides the city in two and it has been the inspiration for poets and painters for many centuries. In the afternoon we take a trip by boat on the Perfume River to the Thien Mu Pagoda. This lovely monastery is the oldest in Hué.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** None

## DAY 7 In Hue, visit the Imperial Citadel; free afternoon

To appreciate Hue's fascinating history we'll tour the Old Citadel in the morning. The citadel/palace built by the Nguyen dynasty (early 1800's to 1945) has formal moats and impressive ramparts and was an exact copy of the Forbidden City in Beijing. Although most of the Inner City was destroyed during the Tet Offensive (1968), the vast outer walls and the West Wing remain and are an eloquent reminder of the palace's former glory. The afternoon is free to wander at your own pace. You may choose to hire a bike or wander the back streets and lively markets (optional).

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 8 Scenic drive via Danang to Hoi An

This morning we enjoy a scenic drive across the spectacular Col des Nuages (the pass of Ocean Clouds) to Danang, once the centre of the important Kingdom of Champa (2nd century AD - 1720). We visit the Cham Museum to see the extraordinary Cham sculptures. Not far from Hoi An are the magnificent Marble Mountains which are dotted with Buddhist pagodas and shrines, and were a haven for the Vietcong troops and the scene of many battles. We will also stop at China Beach. Later we drive on to the historic merchant town of Hoi An.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 9 From Hoi An, visit ancient My Son; free afternoon in Hoi An

The Portuguese arrived here in the 16th century and by the 18th century it had become one of the busiest international trading ports of South-East Asia. Hoi An still retains its medieval charm with old buildings and colourful markets. During our stay here we include an excursion to My Son. Declared a World Heritage Site by UNESCO, My Son is a striking complex of tower temples located in a secluded valley. The rest of our time is left free for personal exploration.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 10 Free day to explore Hoi An; optional visit to My Lai

Bicycles here are inexpensive and a great way to get out into the surrounding countryside or perhaps take a trip to the nearby beaches. Hoi An is also renowned for its many craft and tailors' shops. You may wish to take an optional excursion to Quang Ngai, the site of the My Lai Massacre Memorial. The massacre was a significant turning point in the Vietnam War and the horrific story is told through a photo presentation - an emotional experience.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 11 Drive through mountains to Kon Tum in Central Highlands

Our journey takes us inland through the mountains of the Central Highlands to the market town of Kon Tum. It is a long day of travel but the stunning scenery and opportunity to see this rural area more than make up for it.


Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 12 In Kon Tum, walk through tribal villages

On our second day here we walk out to Kon Ko Tu, one of the many Bahnar tribal villages in the surrounding area (approx 5 hours walking, graded easy to moderate). We walk through cassava and sugar plantations and pass several stilted villages en route. After lunch there is an opportunity to float back to the village on local dugout canoes. In the evening we can visit the Village Rong or communal house which is the most important building in the village - not only is it used for festivals and village meetings, but it acts as the court where people are tried for tribal offences.

Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 13 Drive to Western Highlands; take boat on Lake Lak

We drive south today through the Central Highlands, to Buon Me Thuot, Dak Lak Province's administrative centre and the Western Highlands' unofficial capital. Although a nondescript town, there are many minority Ede villages in this region, and we head south to Lak Lake to spend a night in a bungalow near the shores. During our time here we will take a relaxed boat (pirogue) excursion on Lak Lake. There is also time for some personal exploration of the area.

Overnight: **Standard Lodge**  
**Single Room Available**

 **Included Meals:** Breakfast, Dinner

## DAY 14 Drive to coastal Nha Trang

Our drive today sees us descending to the coastal plains as we make our way to the fishing town and beach resort of Nha Trang. Some of the most impressive Cham towers can be seen on the outskirts of the town on our arrival.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 15 In Nha Trang, boat cruise on Ninh Van Bay

Today we enjoy this seaside town, famed for its clear warm water, delicious seafood and white sand beach. We plan a boat trip to some of the outlying islands to swim and relax (dependent on local weather conditions).

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 16 Fly to Ho Chi Minh City; explore Old Saigon; free afternoon

Today we fly to Ho Chi Minh City where we have a walking tour of the city's central sights including the National Assembly, Hotel de Ville, Notre Dame Cathedral, the Independence Palace and the War Crimes Museum. The afternoon is free for you to walk around this charming city.


Overnight: **Standard Hotel**  
**Single Room Available**

 **Included Meals:** Breakfast

## DAY 17 Drive to Mekong Delta; cruise Mekong River; overnight on boat

This morning we drive to Can Duoc, where we board our specially chartered river boat. Travelling along the backwaters by boat is by far the best way to see the delta, passing villages of stilted houses, abundant rice fields and a variety of cottage industries as we go. We travel down the Mekong River to Cho Gao, where we disembark for a walk around the local market. We then continue to Thoi Son Island where we'll meet the friendly locals and take a sampan ride through palm-shaded creeks. Back on our boat, we'll cruise to Cai Be, where we moor up for the night. Our accommodation is simple dormitory-style bunks on board the boat.

Overnight: **Simple Boat**

 **Included Meals:** Breakfast, Lunch, Dinner


## DAY 18 In Mekong Delta, option to visit early morning floating market; overnight on boat

It is worth rising early to see the superb floating market at Cai Be. As it links the various towns and provinces, Cai Be is a very social and colourful place with the vendors advertising their wares on long poles. We spend some time paddling through the market and enjoying the friendliness of the locals before continuing on our boat journey. We stop off several times today to visit rural islands and some of the many family businesses along the canals. We then continue down the river to Long Xuyen Sadec, where we visit the Quach Temple and the colourful local market. We continue through the Lap Vo Canal to Long Xuyen.

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Overnight: **Simple Boat**

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 19 Drive to Ho Chi Minh City

This morning we bid farewell to our boat crew and rejoin our vehicle and make the long journey back to Ho Chi Minh City, where we have the further chance to enjoy this bustling city.

Overnight: **Standard Hotel**

**Single Room Available**

 **Included Meals:** Breakfast

## DAY 20 From Ho Chi Minh City, visit Cu Chi Tunnels, then drive to Phnom Penh

This morning we take a short drive out of the city to the infamous Cu Chi Tunnels, which formed an incredible underground command base for 10,000 Viet Cong troops and were a major part of the 1968 Tet Offensive. The site is a fascinating insight into the resourcefulness of the Vietnamese. There is the opportunity to crawl through a small specially adapted section of the tunnels should you wish to sample the claustrophobic conditions the Viet Cong lived in. Afterwards we bid farewell to our tour leader who continues back to Ho Chi Minh City while you continue by road into Cambodia. Border formalities take place at Moc Bai (Vietnam) and Bavet (Cambodia) crossing point. Our final destination is Phnom Penh, Cambodia's capital.

Overnight: **Standard Hotel**

**Single Room Available**

 **Included Meals:** Breakfast

## DAY 21 Discover the sights of Phnom Penh; free afternoon

Phnom Penh took over from Angkor as Cambodia's capital city in the 1440s. It is now a lively city with many French colonial buildings and plenty to see. Accompanied by a local guide we visit the National Museum, a treasure trove of beautifully preserved carvings and lintels rescued from Angkor; the emotive Tuol Sleng Genocide Museum, formerly a high school that became the Khmer Rouge's main torture and interrogation centre; and the Killing Fields of Choeung Ek - the memorial stupa is a glass tower filled with human skulls - a gruesome reminder of the scale of Pol Pot's atrocities. This afternoon we visit the Royal Palace and Silver Pagoda as well as the temple of Wat Phnom before having some free time in the city.

Overnight: **Standard Hotel**

**Single Room Available**

 **Included Meals:** Breakfast

## DAY 22 Free day in Phnom Penh; optional visit to Silk Island

Today is free allowing you the opportunity to explore the city or its surrounds further. Optional excursions close to the city include a trip to Silk Island, Chiso Mountain or the abandoned Royal City of Oudong. Each of these excursions are half a day in duration and may be combined, your tour leader will discuss in more detail. Silk Island or Koh Dach is reached by a short boat journey along the Mekong where the majority of villagers on the island earn a living through producing handicrafts. It is a great opportunity to learn more about traditional ways of life and interact with locals as you learn about silk weaving, woodcarving, pottery, painting, and jewellery making. Chiso Mountain (380m), located in Sia village about 62 km south of Phnom Penh, is topped by the ruins of an 11th century Khmer Brahmanic Temple with fine views of the surrounding paddy fields. Oudong is about an hour north of the capital and offers the opportunity to explore attractive historic temples and stupas.

Overnight: **Standard Hotel**

**Single Room Available**

 **Included Meals:** Breakfast

## DAY 23 Drive to Siem Reap; cruise on Tonle Sap Lake

This morning we make an early start for our drive to Siem Reap, stopping somewhere for lunch on the way. Later in the day we journey to nearby Tonle Sap Lake where we board our charter boat for a leisurely cruise through the fascinating floating village of Chong Kneas, where we see stilt houses, floating markets and an array of boats.

Overnight: **Standard Hotel**

**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

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## DAY 24 From Siem Reap, explore Angkor temples with sunset

Our exact programme over the next three days may change slightly at our local guide's discretion (to avoid crowds, coincide with sunsets, etc.). Angkor was actually a series of cities, built between the 9th and the 13th centuries by the Khmer kings, with a population of 750,000 in its heyday. The Angkor complex is spread out over some 155 square kilometres, scattered with magnificent carved stone temples, elegant sculptures and incredible bas reliefs. We visit the Rolous group, which are some of the earliest temples. In the afternoon we visit the temples of Banteay Srei, a small but beautiful temples with exquisite carvings. We end the day at East Mebon, with a visit to Pre Rup temple for sunset.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 25 From Siem Reap, explore Angkor Thom

We continue our exploration with a visit to the temples of King Jayavarman VII, reputedly Angkor's greatest king. The fortified city of Angkor Thom, which he built at the end of the 12th century is enclosed by a square wall with five monumental gates decorated with stone elephant trunks. Originally, crocodiles inhabited the moat and huge statues of 54 different gods protected each gate. The city contains another of Angkor's true gems - The Bayon. Although not as impressive as Angkor Wat from a distance, The Bayon is nevertheless incredible for its maze of corridors, gothic style towers and magical central temples. We'll explore The Terrace of the Elephants and the Leper King, the Baphuon and Phimeanakas, and some of the surrounding temples such as Preah Khan.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 26 From Siem Reap, explore Ta Prohm and Angkor Wat

On our final day we make a visit to the 2nd Angkor capital that includes the temples of Prasat Kravan, Banteay Kdei and Takeo. A highlight for many is a visit to the atmospheric temple of Ta Prohm, where the film Tomb Raider was filmed, lying half consumed by the jungle. We leave the best known and most breathtaking of all the sights, Angkor Wat, to the end - where we stay until the sun sets on the last night of our adventure.

Overnight: **Standard Hotel**  
**Single Room Available**

**Swimming Pool Available** 

 **Included Meals:** Breakfast

## DAY 27 Tour ends in Siem Reap

Tour ends after breakfast. If you have time you may choose to browse the old market for some last minute bargains, or enjoy afternoon tea at The Foreign Correspondent's Club.

 **Included Meals:** Breakfast

## Accommodation and Meals

### Food & Drink

Included meals: 25 breakfasts, 5 lunches, 6 dinners included in the price of this trip. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

## Budgeting for your Trip

You will need some extra money to cover meals and drinks not included in the trip price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

### Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

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## Vietnam

**Lunch £:** 5.00 - 7.00

**Dinner £:** 9.00

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## Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.

## Vietnam

**Bottle of Beer £:** 2.00 - 4.00

**Water £:** 0.50

## Other Sightseeing & Activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations.

Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

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## Optional Excursions

Hanoi - Water Puppets Show from US\$5; Cyclo tour of Old Quarter US\$6

Hoi An - Half day trip to My Son from US\$25; Cookery class US\$15

Nha Trang - Mud baths from US\$6

Siem Reap - Blessing ceremony at local monastery US\$33; Scenic helicopter flight over Angkor temples from US\$202

Phnom Penh - Private blessing US\$34; Private cooking class US\$36; Koh Dach Island US\$78

The prices stated are based on a minimum number of participants (usually 5-6). Please be aware that the optional excursions can run with fewer people but the price may be higher. Likewise, a slightly reduced price may be applicable where the participation is greater. These excursions are generally run via our agent in the country. Local companies may offer similar excursions at a cheaper price. Should you want to use these companies please be aware that a lower price may mean that not all costs are

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## Tipping - Tour Leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

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## Tipping - Local Crew

Although entirely voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour. Accordingly, you should allow US\$ 55.

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## Foreign Exchange

### Vietnam

**ATM Availability:** There are ATMs virtually everywhere in Vietnam and in Cambodia, though we also recommend bringing cash.

**Credit Card Acceptance:** Some shops in Hanoi, and Hoi An. The occasional restaurant.

**Travellers Cheques:** Travellers cheques can usually be changed in the towns, but only during bank opening hours.

**Local Currency:** Dong.

**Recommended Currency for Exchange:** Carry your money in US\$ Dollars cash. You can also take GBP but US\$ are easier to exchange. (Dollar bills can be used in some hotels and shops; change is often given in local currency).

**Where to Exchange:** Most towns.

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## Joining your Trip

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

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### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at [www.explore.co.uk](http://www.explore.co.uk), in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

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## Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

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## Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Important Information

### Travel Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

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CAMPBELL IRVINE  
DIRECT TRAVEL INSURANCE



Travel Insurance is essential. If you have not already arranged cover, please contact our recommended Travel Insurance providers [www.campbellirvinedirect.com/Explore](http://www.campbellirvinedirect.com/Explore) who offer Travel Insurance specifically designed to cover travel with Explore or call **Campbell Irvine Direct** on Tel: 020 7938 1734

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### Travel Aware

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at [www.explore.co.uk/travel-safety](http://www.explore.co.uk/travel-safety)

We strongly advise that you register with the FCO to receive updates to the travel advice for your chosen destination. A hard copy of the current FCO Travel Advice for your chosen destination is available by contacting [cr@explore.co.uk](mailto:cr@explore.co.uk) or 01252 379438.

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### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

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### Visa Information

Vietnam: Until 30th June 2018 'British Citizen' passport holders can visit Vietnam for up to 15 days without a visa. A visa will be required if you enter after this date or if you wish to re-enter within 30 days of your departure.

For visits of up to 30 days, you can get an e-visa before you travel from <https://evisa.xuatnhapcanh.gov.vn/>

For visits of longer than 30 days you must get a visa from the nearest Vietnamese embassy before travelling to Vietnam. If you want

to make a second visit within 30 days of leaving Vietnam, you'll need to get a multiple entry visa to re-enter.

Please note that it is a pre-requisite for entry into Vietnam that your passport is valid for a minimum of 6 months from your date of entry

All visa related issues including information for other nationalities should be confirmed with the relevant Embassy prior to departure.

Cambodia: A single visa is required by UK, New Zealand, Australian, US & Canadian citizens and can be obtained on arrival. The current cost is 20USD, a passport sized photograph for immigration will also be required. Alternatively, you can arrange your visa in advance in the form of an e-Visa. To make your application, and for more information contact the Cambodian Ministry of Foreign Affairs direct at [www.mfaic.gov.kh](http://www.mfaic.gov.kh).

You should confirm all visa related questions with the relevant Embassy prior to departure.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on **0208 5431846**.

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## Vaccinations & Protection

### Vietnam

Nothing compulsory, we recommend protection against malaria, typhoid, tetanus, diphtheria, polio and hepatitis A. Consult your travel clinic for latest advice on Malaria and Zika Virus. Although not compulsory travellers may also wish to immunise themselves against Japanese encephalitis. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

## Preparing for your Trip

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### Climate

#### Vietnam

As Vietnam is a long, narrow country from north to south climate conditions vary considerably. The climate can be divided into three distinct patterns between the north, central and south regions. The climate in the north is generally humid and subtropical, although the winter months from November to March can be colder with temperatures from 10 - 15 degrees. Summer months, May to September can be quite hot with temperatures from 30 - 35 degrees. Meanwhile south Vietnam enjoys a tropical climate all year round, with little variation throughout the year (around 27 - 32 degrees), however May to November is the rainy season when short, heavy downpours are quite frequent. Central Vietnam lies somewhere in between. The coastal strip is usually dry and hotter from April to October while November to March is wetter and cooler. A light rain jacket and small umbrella are recommended year round.

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### Clothing

Pack essentially for hot weather although December through to February warmer clothing is needed for the North. Bear in mind that the region is tropical (humid) and can be hot. Lightweight rainwear is advisable at all times. The north is cold at night during the winter and the Central Highlands can be chilly. Casual clothes are the most practical.

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### Equipment

Bring a small torch. Even though bed linen is provided on the train journey, you may want to bring a cotton sleeping sheet (it can be purchased in Hanoi) and a small travel towel.

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### Footwear

Comfortable walking shoes, trainers and sandals.

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### Luggage: On Tour

One main piece of lockable baggage, an overnight bag for your two night trip to Halong Bay and the Mekong Delta when your main luggage is left behind, and a daypack.

Luggage allowance on trip: 20kg

## General Information

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### Country details

#### Vietnam

**Population:** 90,549,390

**Size of Country:** 331,698 sq km

**Major Language:** Vietnamese

**Religion:** Mahayana Buddhism, Taoism and Confucianism

**Time Difference to GMT:** +7

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## Electric Supply & Plugs

### Vietnam

2 Pin Round

## Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award-winning tour leaders who you can trust.
- Responsible travel is and always has been one of the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, or any number of unusual forms of transport. Often you will stay in family-run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to – and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

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### Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants, allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

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### Earth Matters

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people) and have recently supported women's cooperatives in Borneo and Morocco. We are a member of Tourism Concern's Ethical Tour Operator Group ([www.tourismconcern.org.uk](http://www.tourismconcern.org.uk)) and support their campaign for fair and ethical tourism. We also care passionately about the world's wildlife and actively support and promote the Born Free Organisation and Mahouts Elephant Foundation.

## Booking Your Holiday

### Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

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### Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking



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## 100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2016 and 31st December 2017.

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## Trip Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2017 itinerary versions are applicable to tours departing in 2017. 2018/19 itinerary versions are applicable to tours departing from 1st January to 31st December 2018.

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