

# EXPLORE!

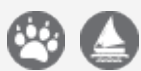
## TRIP NOTES



### Antarctic Circle - M/S Fram (FRPC 2018)



TRIPDURATION  
**16**  
DAYS



**Tour Style:** Classic  
**Tour Pace:** Relaxed

**Tour Type:** Small Groups  
**Accommodation**  
**Grade:** Premium

**Trip Code:** FRPC

#### Trip Highlights - Antarctic Circle - M/S Fram

- ✓ Superb wildlife viewing opportunities on land, exploring by foot, and at sea by Zodiac
- ✓ Join an expedition, crossing the polar circle
- ✓ Visit research huts that are home to experts conducting vital research on Antarctica
- ✓ Travel on a comfortable expedition ship
- ✓ Sail in the company of orca, humpback and minke whales

#### Trip Essentials

**Accommodation:** 1 night Hotel  
14 nights Premium Boat

**Included Meals:** 15 breakfasts, 14 lunches, 14 dinners

**Start Point:** Join trip: Ushuaia

**End Point:** Trip ends: Buenos Aires

**Transport:** Zodiac, MS Fram

**Countries:** Antarctica Region, Argentina

## Antarctic Circle - M/S Fram

### Crossing the polar circle

A voyage into the Antarctic Circle will take you as far south as ice will allow. Our small ships allow access to this inhospitable and impossibly beautiful area, which only the lucky few will ever see. Imagine being encircled in rookeries of chinstrap, Adelie and gentoo penguins, so close to colossal glaciers and icebergs towering above you.

### Wildlife

Whales, a variety of seals and penguins, including the graceful-looking Adelie, playful Gentoos and the distinctive Chinstrap penguins.

### Ship Description

The M/S Fram is a comfortable vessel for your polar exploration with modern amenities such as a fitness room, Jacuzzi and sauna. The ample indoor and outdoor public spaces are designed to ensure you enjoy the passing scenery and wildlife sightings; each table in the restaurant has scenic views and the observation lounge has panoramic windows. There's also a selection of shore excursions to choose from, allowing you to experience as much of the polar wilderness as possible.



### Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

### Accommodation Grade: Premium

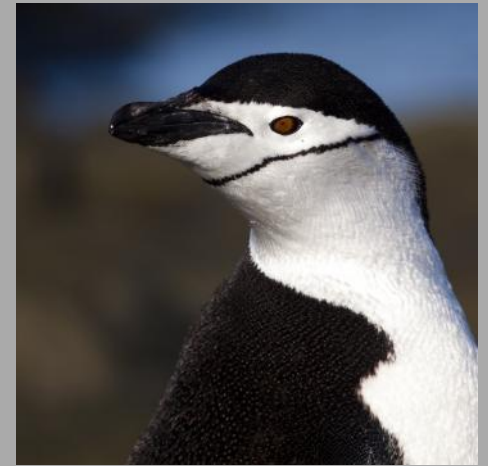
Our comfortable accommodation is hand-picked and chosen for its character, location or local importance. These properties have excellent facilities and a higher level of comfort and service.

### Tour Style: Classic

Packed with adventure, these tours offer inspiring destinations and authentic travel experiences at a reasonable price. Using all kinds of transport and accommodation, we'll take you off the beaten track to discover the true heart of the people and places you visit.

### Tour Pace: Relaxed

Easy paced tours with plenty of time to relax and absorb the sights and immerse yourself in the local surroundings.



# Your trip itinerary

## Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

### DAY 1 Buenos Aires

Make your own way to your start hotel in Buenos Aires. Your evening is at leisure to enjoy the delights of this vibrant city.

#### Hotel in Buenos Aires

Comfortable hotel in Buenos Aires



**Included Meals:** None

### DAY 2 Buenos Aires/ Ushuaia

Our flight leaves Buenos Aires in the morning, which gives you a few hours to explore Ushuaia, the southernmost town in the world. You will be met on arrival into Ushuaia airport and transferred to the pier, after a brief orientation tour of Ushuaia. You will have a chance to explore Ushuaia on your own before embarkation commences at 16:00. In the evening, we set sail through the scenic Beagle Channel for the Drake Passage and Antarctica.

#### M/S Fram



**Included Meals:** Breakfast, Lunch, Dinner

### DAY 3 Drake Passage

Named after Sir Francis Drake this stretch of water between South America and the Antarctic Peninsula has numerous myths and legends connected to it. The extraordinary seaworthiness of M/S Fram ensures you a safe and comfortable passage and we encourage you to join our educational lectures en route.

#### M/S Fram



**Included Meals:** Breakfast, Lunch, Dinner

### DAY 4 Drake Passage

We will be on course for the Antarctic Peninsula and the South Shetland Islands, where we hope to arrive in the afternoon. Visiting the South Shetland Islands is definitely something worth looking forward to. Deception Island, Half Moon Island and Yankee Harbour all offer a diverse landscape, amazing animal life and spectacular photo opportunities.

#### M/S Fram



**Included Meals:** Breakfast, Lunch, Dinner

### DAY 5 Antarctica

Once we have crossed the Antarctic Convergence you will start feeling the air getting crisper and colder. You will begin to see Antarctic penguins in the water and don't forget to be on the lookout for the first iceberg. There are no permanent human inhabitants here, but plenty of penguins and the region is a feeding area for hundreds of whales. This continent is dedicated to science and peace, nevertheless, words simply cannot describe the feeling of being on the Great White Continent.

#### M/S Fram



**Included Meals:** Breakfast, Lunch, Dinner

### DAY 6 Antarctica

Hidden in the deep south of the Antarctic Peninsula we may visit places like Marguerite Bay, Fish Islands, The Gullet or Stonington. All of these sites are challenging to reach due to their remote and extreme locations.

#### M/S Fram




**Included Meals:** Breakfast, Lunch, Dinner

## DAY 7 Antarctica

The ice, wind and weather dictate life in Antarctica as well as our route. Every voyage is unique and our knowledgeable crew will make all voyages an experience of a lifetime. The final choice of landings will be made in the course of the voyage, but there will be plenty of time spent on shore and in our inflatable boats, soaking up all that this land has to offer.


### M/S Fram

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 8 Antarctica

The narrow Errera Channel offers a spectacular passage to and from Cuverville Island as icebergs become trapped and grounded on its shallow bottom. Watching our expert navigators weave the ship carefully between the icebergs from the observation decks is as exciting as being surrounded by the crowds of nesting penguins onshore. Neko Harbour is a feeding ground for shy Minke whales. The harbour itself is perfectly situated to appreciate the grandeur of Andvord Bay and scenery of the Antarctic mainland. Paradise Harbour offers another rare opportunity for a mainland landing and some of the finest vistas of the Peninsula.

### M/S Fram

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 9 Antarctica

We will continue with our on-board lectures in between landings, as we make our way along the peninsula.


### M/S Fram

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 10 Antarctica

An area rich in history, we will learn more about the great explorers of this region and re-trace their footsteps on our shore landings.


### M/S Fram

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 11 Antarctica

On this special trip, we plan to cross the Polar Circle at 66°33' south. The Antarctic Circle is one of the five major circles of latitude that mark maps of the Earth and it lies at latitude 66° 33' 39" south of the equator.


### M/S Fram

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 12 Antarctica

We will have plenty of time to visit the numerous rookeries and you will soon become an expert at spotting your favourite breed of penguin.


### M/S Fram

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 13 Antarctica

We have a final day to explore the delights of this frozen land and to soak up the beauty and serenity of this unique environment.

### M/S Fram

 **Included Meals:** Breakfast, Lunch, Dinner

## DAY 14 Drake Passage

As the bow points North, you will have time to reflect on your Antarctic experience, with its unforgettable sights and sounds.

### M/S Fram



**Included Meals:** Breakfast, Lunch, Dinner

## DAY 15 Drake Passage

During the voyage back to Ushuaia, we will continue with our on board lectures and recap on our fabulous experience in Antarctica.

### M/S Fram



**Included Meals:** Breakfast, Lunch, Dinner

## DAY 16 Ushuaia / Buenos Aires

We arrive in Ushuaia in the morning - your Antarctic voyage has come to an end. You will continue on with our charter flight back to Buenos Aires.



**Included Meals:** Breakfast

## Accommodation and Meals

### Food & Drink

Included meals: 15 breakfasts, 14 lunches, 14 dinners included in the price of this trip. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

### Cabins

Prices are based on the use of inside, category one cabins on decks 3, 5 and 6. Category one cabins are based on twin share, with one bed and one sofa bed. They are comfortable with a private toilet and shower, fridge and TV. The MS Fram has a number of different cabin categories, many of which are outside facing, with two beds (apart from superior cabins and suites, which have double beds). Some cabins have portholes and others, larger windows and sitting areas. All cabins are twin share, but we can also offer single occupancy at a supplement, if you are travelling alone. Call us for details on the cabin choice to fit your requirements.

### Ship Dining

On-board the ship all meals are included in the price of your expedition; a buffet breakfast and lunch, and set menu dinner; it's free seating for breakfast and lunch, and assigned for dinner. Vegetarians and some special dietary requirements can be accommodated with advance notice, please advise us at time of confirmation. Coffee and tea are provided free of charge. All other beverages, alcoholic and non-alcoholic, are not included and can be purchased in the bar.

## Budgeting for your Trip

You will need some extra money to cover meals and drinks not included in the trip price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

### Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

#### Antarctica Region

#### Argentina

**Lunch £:** 10.00

**Dinner £:** 17.00

### Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.



## Antarctica Region

### Argentina

**Bottle of Beer £:** 2.0

**Water £:** 1.30

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### Tipping - Local Crew

Tipping is collected at the end of the voyage and is divided among the crew. Tipping is a very personal matter and the amount you wish to give is at your discretion, but as a generally guideline, we suggest US\$12 per person per day.

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## Foreign Exchange

### Antarctica Region

**ATM Availability:** Cash can be drawn on credit or debit cards from ATMs in major cities.

**Credit Card Acceptance:** Credit cards are useful and can be used in many places, but may be subject to a service charge. The ship accepts Visa and Mastercard.

**Travellers Cheques:** Travellers Cheques can be difficult to exchange and are not accepted aboard.

**Recommended Currency for Exchange:** A combination of US dollars cash and cards is best. It is advisable to take a minimum of US\$200-500 of your total spending money in cash, in mixed denominations (notes should be in good condition).

**Where to Exchange:** Banks or Forex offices in major cities.

### Argentina

**ATM Availability:** Available in Buenos Aires. In Patagonia some cards with Chip and Pin do not work in the ATM machines. Always have some cash as back-up as they are not always reliable

**Credit Card Acceptance:** Credit cards are useful and can be used in some places, but may be subject to a 10% service charge

**Travellers Cheques:** Travellers Cheques can be awkward or expensive to change

**Local Currency:** Peso

**Recommended Currency for Exchange:** Carry all your funds in US cash NOT Sterling or Travellers Cheques which are more difficult to exchange. We recommend to take a minimum of US\$400-\$500 of your total spending money in cash, in mixed denominations. Notes should be in good condition otherwise they might be difficult to exchange.

**Where to Exchange:** Your Tour Leader will advise you on arrival.

## Joining your Trip

### Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

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### Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at [www.explore.co.uk](http://www.explore.co.uk), in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

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### Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

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### Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

## Important Information

### Travel Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

**EXPLORE!**  
The Adventure Travel Experts

CAMPBELL IRVINE  
DIRECT TRAVEL INSURANCE



Travel Insurance is essential. If you have not already arranged cover, please contact our recommended Travel Insurance providers [www.campbellirvinedirect.com/Explore](http://www.campbellirvinedirect.com/Explore) who offer Travel Insurance specifically designed to cover travel with Explore or call **Campbell Irvine Direct** on Tel: 020 7938 1734

Explore Worldwide is an Introducer Appointed Representative of Campbell Irvine Ltd who are authorised and regulated by the Financial Conduct Authority.

### Travel Aware

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at [www.explore.co.uk/travel-safety](http://www.explore.co.uk/travel-safety)

We strongly advise that you register with the FCO to receive updates to the travel advice for your chosen destination. A hard copy of the current FCO Travel Advice for your chosen destination is available by contacting [cr@explore.co.uk](mailto:cr@explore.co.uk) or 01252 379438.

### Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

### Visa Information

All visa information is subject to change. You should confirm all visa related issues with the relevant Embassy prior to departure.

USA (If flights transit): you will need to apply for an ESTA if you are transiting the USA as you will have to disembark and clear immigration before re-boarding for the onward flight.

Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can enter the United States without a visa under the Visa Waiver Program (VWP) - where you apply for an ESTA (Electronic System for Travel Authorisation), which applies if you enter the country by sea or by air. This must be done on line - <https://esta.cbp.dhs.gov> no later than 72 hours prior to travel. Travellers who have not registered before their trip are likely to be refused boarding. When completing an application for transit you should enter the words 'In Transit' with your final destination location in the address line

You must have an electronic passport with a digital chip containing biometric information about the passport owner. UK passports which are biometric feature a small gold symbol (camera) at the bottom of the front cover.

If you have visited Iraq, Syria, Iran or Sudan in the past five years or are dual nationals of these countries, you cannot travel under the Visa Waiver Programme. Instead you will need to apply for a visa from the nearest US Embassy or Consulate. If you are unable to provide a valid visa before boarding flights to the US, or entering via another method, you may not be permitted to travel.

For further information please check out the US embassy website.

Visa applications - <http://london.usembassy.gov/niv/apply.html>

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See [www.travcour.com](http://www.travcour.com) to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on **0208 5431846**.

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## Vaccinations & Protection

### Antarctica Region

Nothing compulsory, we recommend protection against typhoid, tetanus, diphtheria, polio and hepatitis A. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

### Argentina

Nothing compulsory, we recommend protection against typhoid, tetanus, polio and hepatitis A. Please consult your travel clinic for the latest advice on Malaria, Dengue and Zika Virus. Please take preventative measures to avoid mosquito bites - these include mosquito repellent as well as long trousers and long sleeve shirts to cover up when necessary. Please note many countries in Central America, South America and the Caribbean require a yellow fever vaccination certificates if travelling from infected areas. A detailed list of these countries can be found on the NaTHNaC website - <http://travelhealthpro.org.uk/countries>. Also on the NaTHNaC site there is a list of Countries (and specific areas within a country) which are at risk of infection and a vaccination is therefore recommended. Yellow fever is only recommended for those travelling to Iguazu falls. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

## Preparing for your Trip

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### Climate

#### Antarctica Region

Polar Temperatures during Antarctic season: Min.: -15°C; Max. 12°C; Average 0°C.

#### Argentina

Argentina has a climate that ranges from subtropical in the north to cold in the temperate south. The Andes has erratic rainfall and flash floods from December to May. From June to September spring like sunny days temper the cold nights.

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### Clothing

Pack comfortable, casual clothing for all activities. Wind and waterproof outer layers are essential, and a jacket is provided in the cost of the cruise. Beware of tight clothing that leaves no room for trapped air, which is an excellent insulator. Wool, silk and some of the new synthetic fibres, like polar fleece, retain heat better than cotton.

#### Parkas

A wind and waterproof jacket is provided as part of the cost of your holiday.

#### Gloves

Keeping your hands warm and dry can be a challenge. Thin polypropylene gloves can be worn underneath warm outergloves. This allows you some protection from the cold when removing your gloves to operate your camera etc. We strongly recommend that you bring more than one pair of gloves, in case one gets wet (or lost).

#### Hat/Cap

Warm, woollen hat/cap to protect your ears, as well as a scarf, neck gaiter or other face protection, such as a balaclava.

#### Trousers

Water-resistant trousers of coated nylon or, even better, Gore-Tex® are essential for your comfort. They can be worn over your regular clothes to keep you warm and dry. We suggest that you purchase trousers a few sizes larger than you normally wear as you will be wearing them over other clothing. Gore-Tex® or similar fabrics are excellent for keeping out wind and water without trapping excess heat. Rain gear and Gore-Tex® products can be found in any outdoor sport clothing store. In addition to your waterproof trousers, warm ski pants are suggested if you have them. Warm trousers such as jeans, corduroys etc are also good.

#### Socks

Warm wool socks worn over a thin pair of silk, polypropylene socks should provide enough warmth and insulation for your feet. Bring several pairs of socks, since you will inevitably get your feet wet.

#### Outer Clothing

Woollen, knit or cotton sweaters/tops, polar fleece tops (medium weight), several cotton turtlenecks and T-shirts for layering on and off the ship.

#### Underclothing

Thermal underwear is highly recommended as it will keep you warm without adding bulk. Most polar travellers prefer a lightweight version.

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### Equipment

Sunglasses and sun cream

Personal toiletries

A refillable water bottle

Books/reading material

Camera and memory cards (and something to protect the camera when out in the elements)

Seasickness remedy

Walking poles



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## Footwear

Waterproof boots are available on-board for a small charge.  
Also ensure you take good walking boots and trainers for relaxing.

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## Luggage: On Tour

One main piece of baggage and daypack. Remember you are expected to carry your own luggage so don't overload yourself.

Please note that a 15kgs luggage weight limit is sporadically enforced on the internal flight to Ushuaia, occasionally charges may be levied against passengers taking luggage in excess of 15kgs.

Luggage allowance on trip: 15Kg

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## General Information

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### Country details

#### Antarctica Region

**Size of Country:** 14,000,000 sq km

**Time Difference to GMT:** -3

#### Argentina

**Population:** 40,117,096

**Size of Country:** 2,766,890 sq km

**Major Language:** Spanish is the main language throughout this region, along with a number of indigenous dialects, of

**Religion:** Predominantly Roman Catholic.

**Time Difference to GMT:** -3

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### Electric Supply & Plugs

#### Antarctica Region

2 Pin Round

#### Argentina

3 Pin Flat

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## Why Choose Explore

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We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award winning tour leaders who you can trust.
- Responsible travel is and always has been one of the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, or any number of unusual forms of transport. Often you will stay in family run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to – and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

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### Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants, allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

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### Earth Matters

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures, reducing waste and offsetting 100% of the CO2 from our flights.

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When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people) and have recently supported women's cooperatives in Borneo and Morocco. We are a member of Tourism Concern's Ethical Tour Operator Group ([www.tourismconcern.org.uk](http://www.tourismconcern.org.uk)) and support their campaign for fair and ethical tourism. We also care passionately about the world's wildlife and actively support and promote the Born Free Organisation and Mahouts Elephant Foundation.

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## Booking Your Holiday

### Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

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### Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking

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### 100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2016 and 31st December 2017.

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### Trip Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2018 itinerary versions are applicable to tours departing in 2018. 2019/20 itinerary versions are applicable to tours departing from 1st January to 31st December 2019.

These trip notes were printed on 26/07/2017 18:59:20