

EXPLORE!

TRIP NOTES



Puglia on Two Wheels (CIP 2017)



TRIP DURATION
8
DAYS



Tour Style: Classic
Accommodation
Grade: Standard

Tour Type: Small Groups
Cycling Grade: Easy

Trip Code: CIP

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Trip Highlights - Puglia on Two Wheels

- ✓ Alta Murgia National Park - Ride through a perfect example of Mediterranean Steppe to impressive castle
- ✓ Matera - Ancient city 'sassi' cave dwellings, one of Europe's oldest settlements
- ✓ Local delicacies - Primitivo wine, mozzarella di bufala, fresh antipasti
- ✓ Tastings - Visit, explanation and tastings of local bread, cheese and wine
- ✓ Centenary olive groves - Gnarly odd-shaped olive trees
- ✓ Alberobello and Monopoli - Whitewashed towns with the fairytale-like 'trulli' dwellings
- ✓ Adriatic coast - Superb coastal vistas and crystal-clear waters

Trip Essentials

Accommodation: 7 nights Standard Hotel

Included Meals: 7 breakfasts, 0 lunches, 0 dinners

Start Point: Join trip: Bari Airport

End Point: Trip ends: Bari Airport

Included Bike: 21 gear Lombardo Taranto 400 hybrid bikes

Electric bikes (e-bikes) are available for an additional cost for the duration of the holiday (£80). You will be required to pay a refundable deposit upon collection of the e-bike in country. Please contact us for more details or to request your e-bike.

Transport: Bus, Bicycle

Countries: Italy



Puglia on Two Wheels

Cycling along quiet provincial roads we discover the 'heel' of Italy in the sun-drenched region of Puglia. On easy rides we enjoy wide panoramas and big skies as we traverse a gently rolling land with endless fields of grain, gnarled olive trees and ancient vines. We explore Alta Murgia National Park, the famous ancient 'sassi' troglodyte town of Matera, whitewashed villages and the rugged Adriatic coastline. Along the way we introduce the superb Pugliese cuisine with cheeses from a local 'caseificio', a visit to a family-run bakery and wine tasting.

Why Book this trip

Unlike many other operators, we include the hire of your bike in the overall cost of the holiday: you don't need to bring your own or pay extra to hire one locally. We also provide a support vehicle, spare parts and take care of day to day bike maintenance. All you need bring is your own helmet.

Cycling Information

On this trip we cycle 240 km over six days (an average of 40 km per day). Two of the cycling days are circular routes and therefore optional. We travel mainly on quiet country roads, on flat or gently undulating terrain. The Explore Leader accompanies on bike on each day and on day 5 there is also a support vehicle. Maps and route notes are provided so you can choose to cycle individually or in groups. We have graded the route as easy.



Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

Accommodation Grade: Standard

Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.

Tour Style: Classic

Packed with adventure, these tours offer inspiring destinations and authentic travel experiences at a reasonable price. Using all kinds of transport and accommodation, we'll take you off the beaten track to discover the true heart of the people and places you visit.

Cycling Grade: Easy

Suitable for cyclists who enjoy easy and relatively short rides on flat or gently undulating terrain. Ideal if you simply want to explore a region by bike at a relaxed pace.



Your trip itinerary

Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

Your Tour Leader

An Explore Leader is an integral part of any Explore trip and your trip will be led by one of our experienced Explore Leaders who have been handpicked and expertly trained. We believe that our Explore Leaders are the key to the success of our trips; they are passionate travellers who are bursting with first-hand local knowledge which they love to share. Your Explore Leader will also take care of all the planning and organisation throughout your journey. Their passionate approach will make this trip fun and inspiring, bringing the destination to life whether you're travelling alone or with others.

DAY 1 Join trip in Bari Airport

Arriving at Bari Airport (BRI), the transfer to our first hotel base in Altamura will take just under an hour. A quaint small town located on the Murge plateau, Altamura is renowned for its cartwheel size bread, Gothic Cathedral and for the nearly intact skeleton of the 'Altamura Man' that was found here dating back 400,000 years. There will be time for an introductory briefing either before or after we settle into our rooms. Time to relax and unwind and enjoy our first evening meal (not included).

Overnight: **Standard Hotel**

Single Room Available

 **Included Meals:** None

DAY 2 Castel del Monte and the Alta Murgia National Park

After breakfast we have a short (1 hour) bus ride to Castel del Monte - a 13th century citadel situated on a hill, towering over the edge of the Alta Murgia National Park. The imposing castle is a UNESCO World Heritage site and source of inspiration for the novel 'The Name of the Rose'. Around the castle fine wines are produced of the 'uva di Troia' (Troy) grape variety. There will be free time to visit the castle (optional). Our first cycle ride starts from the castle and we make our way along remote roads gently winding through the soft hills lined with ancient stone walls, dotted with small trulli huts and huge abandoned sheep farms. There are not many people around here and the vast open views are spectacular. Our route takes us through Alta Murgia National Park and leads us eventually to our hotel back in Altamura. Our total cycling distance today is approximately 53 kilometres (total ascent 560 metres and descent 530 metres).

Overnight: **Standard Hotel**

Single Room Available

 **Included Meals:** Breakfast

DAY 3 Cycle south to Matera

Before leaving Altamura this morning, we pay a visit to a bakery for a guided visit to learn all about the local art of bread making and to taste their various products. Afterwards we head south into the wide open countryside and on remote roads, crossing grassy meadows and wheat fields as we ride to Matera. On the way we will enjoy marvellous panoramas of endless fields and immense blue skies dotted with small white clouds above. The remote back roads lead us to a natural balcony with commanding views before this grand emptiness subsides and literally the first forms of civilization reappear as we approach Matera. The ancient town of the 'sassi' (stone dwellings) originates from a prehistoric troglodyte settlement that is suspected to be one of the first human settlements in Italy. Roaming through its maze of narrow alleys, up and down the stone stairs you will find yourself transported to a distant past. Many of the houses you encounter are really only caverns, and the streets in some parts of the 'sassi' are often located on the rooftops of other houses. Our total cycling distance today is approximately 30 kilometres (total ascent 330 metres and descent 450 metres).

Overnight: **Standard Hotel**

Single Room Available

 **Included Meals:** Breakfast

DAY 4 Discover the sassi of Matera; afternoon ride to Alberobello

This morning is free to spend at your leisure exploring the magnificent sites of Matera. Your Explore Leader can arrange a guided tour with a licensed guide for those interested. Until the late 1980s this was considered an area of poverty, since these houses were, and in most areas still are, mostly uninhabitable. Current local administration has become more tourism-oriented and has promoted regeneration with the aid of the European Union, the government, UNESCO and Hollywood with several films made here including Mel Gibson's Last Temptation of Christ. Sit down on a terrace of one of the bars for a cappuccino and soak up this magical atmosphere. Around midday we bid farewell to Matera and drive (1 hour) to Putignano Agri where we visit a local 'caseificio' (cheese factory) for

a cheese making lesson. Afterwards we enjoy a light lunch (not included in cost) and can eat the cheese we have produced. We will learn about cheese in its various shapes and sizes such as mozzarella, ricotta, provolone and scamorza. In the afternoon we cycle to our next destination - Alberobello. On tiny hidden back roads bordered by stone walls we cycle through the quiet countryside passing by 'masserie' (fortified farmsteads), grain fields, olive groves, and encounter many 'trulli' as we near Alberobello. These curious dry stone huts with their cone shaped roofs scattered throughout the countryside seem to belong to the world of elves. In Alberobello there are many fine examples of these picturesque dwellings. Our hotel with pool at the edge of town is the perfect place to unwind and explore the town's sites. Our total cycling distance today is approximately 33 kilometres (total ascent 225 metres and descent 385 metres).

Overnight: **Standard Hotel**
Single Room Available

Swimming Pool Available 

 **Included Meals:** Breakfast

DAY 5 Loop ride to Locorotondo and Cisternino

This morning we head out by bike once more along quiet back roads that wind through rolling hills dotted by endless olive groves. In the town of Cisternino we take a break to visit the historic centre, before riding in the support vehicle or cycling an optional further 5 km (10 km return) to visit a traditional olive mill to taste some of their 'green gold'. Back on our bikes and nearing the town of Locorotondo, vineyards start to dominate the countryside as this is an area where sublime white wines (both still and sparkling) are produced. The name Locorotondo means 'round place' and this is exactly what the shape of the old town is like. It is listed as one of the most beautiful hamlets in Italy and its heritage includes several beautiful churches and a labyrinth of whitewashed alleys. It is a delight to explore on foot. Finally we continue by bike into the countryside again, following quiet stone wall-lined roads past dozens of 'trulli' buildings scattered in the fields. Finally we make one last stop enjoy a wine tasting at a local masserie (farmhouse), before returning the last 10 km to Alberobello. Today's ride is accompanied by a support vehicle so it is possible to opt out of any of the sections of the ride. Our total cycling distance today is approximately 44 kilometres (total ascent 610 metres and descent 610 metres) with a further optional 10 km available.

Overnight: **Standard Hotel**
Single Room Available

Swimming Pool Available 

 **Included Meals:** Breakfast

DAY 6 Cycle Alberobello to Monopoli

There is free time this morning to explore Alberobello, before we set off on our ride to the Adriatic coast. Our route leads us once more through beautiful scenery of ochre-coloured fields dotted with gnarly olive trees and trulli of all kinds and sizes. We cycle along a panoramic coastal road that is a natural balcony overlooking the beautiful blue waters of the Adriatic. We descend on winding roads, feeling the sea air to arrive at the town of Conversano. The coastal planes are cultivated with a variety of crops and dotted with elegant 'masserie' farmsteads. We cycle on to reach Monopoli - a bustling fishing town, with splendid white-washed houses, narrow alleyways and our charming accommodation positioned in the heart of the old town. Our total cycling distance today is approximately 35 kilometres (total ascent 290 metres and descent 705 metres).

Overnight: **Standard Hotel**
Single Room Available

 **Included Meals:** Breakfast

DAY 7 Loop ride to Savelletri

From Monopoli we ride south along the rugged Adriatic coastline and are rewarded with magnificent views of the intensely green vegetation lining the rocky beaches and the deep blue sea waters. It's an easy and pleasant ride to Savelletri and before the quaint little hamlet we make a stop at the archaeological site of Egnazia, and its museum where finds from the Bronze Age are on display. You can choose to spend some time at the beach or continue this easy ride through the opulent farmland until the lighthouse at Torre Canne. Back at the hotel we enjoy the rest of the afternoon at leisure before we celebrate the final night of our trip. Our total cycling distance today is approximately 45 kilometres (Total ascent 50 metres and descent 50 metres).

Overnight: **Standard Hotel**
Single Room Available

 **Included Meals:** Breakfast

DAY 8 Trip ends at Bari Airport

Today we drive (1 hour) to Bari Airport where the trip ends.

 **Included Meals:** Breakfast

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Accommodation and Meals

Accommodation Notes

Standard - Our mid-range accommodation offers a good level of service often with other amenities such as a restaurant, bar, garden or swimming pool. Generally rooms will be comfortable with en-suite facilities.

Food & Drink

Included meals: 7 breakfasts, 0 lunches, 0 dinners included in the price of this trip. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

Budgeting for your Trip

You will need some extra money to cover meals and drinks not included in the trip price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Italy

Lunch £: 6.00 - 10.00

Dinner £: 10.00 - 14.00

Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.

Italy

Bottle of Beer £: 2.00 - 4.00

Water £: 1.00 - 2.00

Other Sightseeing & Activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations.

Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Optional Excursions

Castel del Monte: 10 Euros per person (a guided visit of 45mins can be arranged by the Explore Leader, costing 60 Euros total shared between those interested)

Matera: Guided tour with local guide 15 Euros per person (minimum 6 participants) that includes entrance to Rockhouse Museum and one of the stone churches

Tipping - Tour Leader

At your discretion you might also consider tipping your Explore Leader in appreciation of the efficiency and service you receive.

Tipping - Local Crew

Although entirely voluntary, tipping is a recognized part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Explore Leader may organise a group's tips kitty and if this is the case, they will account for it throughout the trip.

Foreign Exchange

Italy

ATM Availability: Major towns.

Credit Card Acceptance: Larger hotels and restaurants.

Travellers Cheques: Only in major towns. Please note, the exchange rate for cash and Travellers Cheques is poor.

Local Currency: Euro.

Recommended Currency for Exchange: GBP.

Where to Exchange: We recommend that you change any currency into Euros prior to arrival. Bureau de Change are generally only found in major cities and large airports.

Joining your Trip

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at www.explore.co.uk, in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Important Information

Travel Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

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CAMPBELL IRVINE
DIRECT TRAVEL INSURANCE



Travel Insurance is essential. If you have not already arranged cover, please contact our recommended Travel Insurance providers www.campbellirvinedirect.com/Explore who offer Travel Insurance specifically designed to cover travel with Explore or call **Campbell Irvine Direct** on Tel: 020 7938 1734

Explore Worldwide is an Introducer Appointed Representative of Campbell Irvine Ltd who are authorised and regulated by the Financial Conduct Authority.

Travel Aware

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at www.explore.co.uk/travel-safety

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We strongly advise that you register with the FCO to receive updates to the travel advice for your chosen destination. A hard copy of the current FCO Travel Advice for your chosen destination is available by contacting cr@explore.co.uk or 01252 379438.

Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Visa Information

Italy: Visas are not required by UK, E.U nationals, Australian, New Zealand, US and Canadian citizens. Other nationalities should consult their local embassy or consular office.

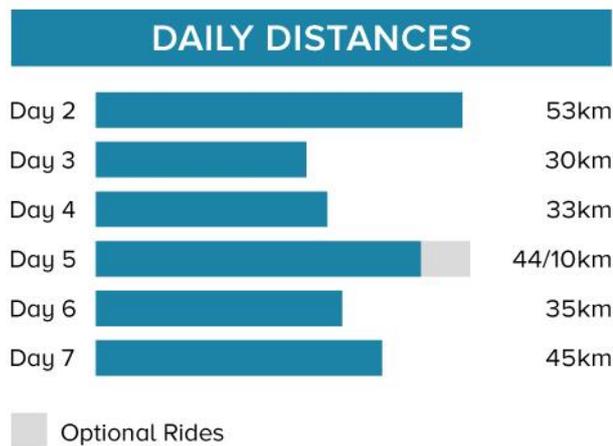
If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

Vaccinations & Protection

Italy

Nothing required. Tetanus recommended. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider.

Preparing for your Trip



Bike Details

Your included bike is a 21 gear Lombardo Taranto 400 hybrid and will be the correct frame size for your height. Female and male frames are allocated accordingly when booking unless you specifically request otherwise. A 20 litre rear pannier and water bottle holder are included as well as the facility to fit your own pedals or saddle if you wish to bring them. A support vehicle accompanies the rides throughout the trip. We provide spare parts and take care of the day to day maintenance. All you need to bring is your own helmet.

Climate

Italy

April/May and October/November are pleasantly warm. June/September are the hottest months. Showers are common in Autumn.

Clothing

When cycling: quick drying cycle tops, padded cycle shorts, lightweight wind and water proof jacket and warmer breathable layers where local conditions require.

General: Pack essentially for mild or hot weather depending on the time of the year.

Equipment

On all Explore cycle holidays we strongly recommend you bring along and wear your cycle helmet. In case of an accident resulting in personal injury, certain insurance policies are invalidated in cases where a helmet was not being worn. Cycle glasses to protect against dust, pollen and the sun, padded cycle gloves and a water bottle or water delivery system (e.g. camelback or platypus) are also useful. You may choose to bring your own gel seat cover for added comfort. If a handle bar bag or pannier is not provided (check bike details) then you may like to bring a small rucksack to wear while cycling. Other items to consider bringing are a sunhat and

sun cream, torch, earplugs and insect repellent. Please carry some or all of your cycling equipment e.g. helmet as part of your hand luggage.

Footwear

If you are not bringing cycle shoes then try to bring stiff-soled shoes as these are better for cycling - transmitting your energy into the pedals more efficiently. This becomes more relevant and recommended the more demanding the grade and distances to cover. SPD cycle shoes are not well suited to trip that combine sightseeing with cycling. Comfortable shoes, trainers, sandals or flip flops are useful when not on the bike.

Luggage: On Tour

We recommend you bring a daypack and one main piece of luggage (total allowance: 44lb/20kg) which will be transported between hotels while you cycle. Check the bike details section to see if a pannier or handlebar bag is provided on the bike.

Luggage allowance on trip: 20kg

General Information

Country details

Italy

Population: 60,681,514

Size of Country: 301,338 Sq KM

Major Language: Italian

Religion: Roman Catholic

Time Difference to GMT: +1

Electric Supply & Plugs

Italy

2 Pin Round

Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award winning tour leaders who you can trust.
- Responsible travel is and always has been one of the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, or any number of unusual forms of transport. Often you will stay in family run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to - and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants, allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

Earth Matters

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people) and have recently supported women's cooperatives in Borneo and Morocco. We are a member of Tourism Concern's Ethical Tour Operator Group (www.tourismconcern.org.uk) and support their campaign for fair and ethical tourism. We also care passionately about the world's wildlife and actively support and promote the Born Free Organisation and Mahouts Elephant Foundation.



Booking Your Holiday

Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking

100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2016 and 31st December 2017.

Trip Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2017 itinerary versions are applicable to tours departing in 2017. 2018/19 itinerary versions are applicable to tours departing from 1st January to 31st December 2018.

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