

EXPLORE!

TRIP NOTES



Walking the Corfu Trail (South) (CF 2017)



TRIPDURATION
8
DAYS



Tour Style: Classic

Accommodation Grade: Simple

Tour Type: Small Groups

Trek Grade: Moderate

Trip Code: CF

Trip Highlights - Walking the Corfu Trail (South)

- ✓ Corfu Town (Kerkyra) - Explore the backstreets of the Old Town
- ✓ Picturesque villages - Lefkimmi, Komianata, Sinarades, Liapades
- ✓ Variety of landscapes - Issos Forest, Ropa Valley and Lake Korission.
Dramatic views of the coastline
- ✓ Traditional food - Enjoy fresh food at local tavernas

Trip Essentials

Accommodation: 3 nights Standard Hotel
4 nights Simple Hotel

Included Meals: 7 breakfasts, 0 lunches, 2 dinners

Start Point: Join trip: Corfu Town

End Point: Trip ends: Liapades

Maximum Altitude on Trek (m): 576

Transport: Bus, Boat, Taxi

Countries: Greece



Walking The Corfu Trail

Corfu is one of the most beautiful Greek islands and on this walking holiday we explore the southern part of this wonderful island. We visit ancient villages framed by vineyards, walk through shady olive groves and relax in riverside tavernas. We also climb Agii Deka, the island's second highest mountain, and enjoy spectacular views of the Mediterranean.

Suitability

We've given each of our tours a comfort rating and a tour pace, walking or cycling grade to give you a general idea about the level of activity on each tour and the standard of accommodation you will be staying in at the end of your day's adventure.

Often you'll stay in different styles of accommodation during your tour; so we make an average rating across the entire tour. For more information on where you'll stay each night, please refer to the day by day tour itinerary.

Accommodation Grade: Simple

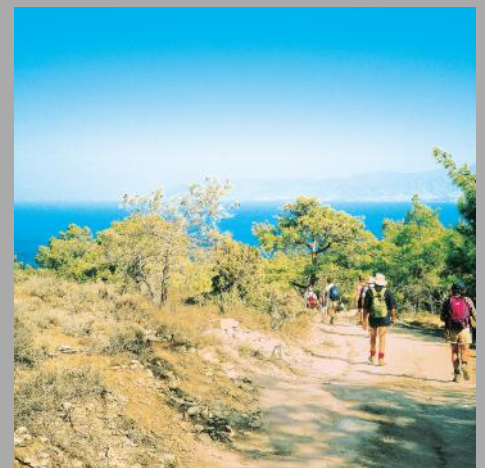
No-frills accommodation which includes berths on sleeper trains, rooms in village houses, boat cabins, campsites, huts and simple family-run lodges, guesthouses and hotels. Sleeping arrangements are simple and amenities are adequate, sometimes with en suite facilities and occasionally communal.

Tour Style: Classic

Packed with adventure, these tours offer inspiring destinations and authentic travel experiences at a reasonable price. Using all kinds of transport and accommodation, we'll take you off the beaten track to discover the true heart of the people and places you visit.

Trek Grade: Moderate

For those who are fit and active, these moderate walks are normally on good paths and tracks at low altitude. Days may include some fairly demanding ascents and descents, so previous experience is preferable but not essential.



Your trip itinerary

Tour itinerary notes

While our intention is to adhere to the day-by-day itinerary as printed below, a degree of flexibility is built in. Overnight stops may vary from those suggested.

Your Tour Leader

A Tour Leader is an integral part of any Explore tour and your tour will be led by one of our experienced tour leaders who have been handpicked and expertly trained. We believe that our Tour Leaders are the key to the success of our tours; they are passionate travellers who are bursting with first-hand local knowledge which they love to share. Your tour Leader will also take care of all the planning and organization throughout your journey. Their passionate approach will make this tour fun and inspiring, bringing the destination to life whether you're travelling alone or with others.

DAY 1 Join trip Corfu Town

Arrive Corfu Town (Kerkyra) and check-in to hotel. Corfu town is one of Greece's most elegant island capitals. The 'Old Quarter' lies above the port, its narrow streets containing beautiful houses and buildings. On either side of this are two forts: Paleo Frourio (Byzantine) and Neo Frourio (Venetian).

Overnight: **Standard Hotel**
Single Room Available

 **Included Meals:** None

DAY 2 Drive to Kavos where you walk down to the beach and onto Spartera

This morning we drive south out of Corfu Town, starting our hike from just south of Kavos, we head out on a track to the southern tip of Corfu, where the ruined monastery of Arkoudillas stands. A footpath leads down to the island's southernmost beach, a seemingly endless stretch of golden sand. Leaving the beach at its northern end, we follow uphill tracks through agricultural land to Spartera and our accommodation. Today's 9.6km walk is expected to take around 3.5hrs with 150m of ascent.

Overnight: **Simple Hotel**
Single Room Available

Swimming Pool Available 

 **Included Meals:** Breakfast, Dinner

DAY 3 Walk via Lefkimmi to Santa Barbara

On this walk, you cross the southern part of the island to the east and back to the western coast. From Asprokavos you follow a track around a pretty and peaceful small lake where you might see birds and turtles. Afterwards you will descend through olive groves and fields to Lefkimmi. Here, your path takes you through the various neighbourhoods and historic city centre of Lefkimmi. Leaving the second biggest town of the island, you will descend into the green valley of the Gardeno River. The last part of today's walk leads you up again, so you have wonderful views of both the east and west coast of the island, before you descend to Santa Barbara. Today's 23.5km walk is expected to take around 6.5hrs with 150m of ascent.

Overnight: **Simple Hotel**
Single Room Available

 **Included Meals:** Breakfast

DAY 4 Walk along the coast to Lake Korission and onto Paramonas

A day of almost level walking during which we follow the beach. Our way leads on through sand dunes covered with a forest of cedar trees. Then, crossing a footbridge, we reach Lake Korission. The Trail then follows tracks and a section of road to reach Paramonas and our next overnight stop. Today's 20km walk is expected to take around 6hrs.

Overnight: **Simple Hotel**
Single Room Available

 **Included Meals:** Breakfast

DAY 5 Walk to Benitses via Komianata

A sharp climb early in the walk takes us over the coastal ridge, with great views, and inland to the villages of Ano and Kato Pavliana. Footpaths and tracks take us down through Vouniatades, then we cross the Messongi River Valley by way of tracks through olive groves and across heathland. Through Strongili, the Trail heads uphill again, on an old cobbled way which leads to Komianata, from here we continue on foot to our overnight stop at Benitses. Today's 18.5km walk is expected to take around 6hrs with 200m of ascent.

Overnight: **Standard Hotel**
Single Room Available

 **Included Meals:** Breakfast

DAY 6 Bus to Stavros where the walk begins to Pelekas via the summit of Agii Dekas

From Benitses we take a bus back to Stavros, and our walk continues with a delightful footpath skirting Agii Dekas Mountain, before we make a very sharp ascent to the summit of Agii Dekas, Corfu's second highest peak. Here, an abandoned monastery in a walled garden makes an ideal rest stop. Our way continues down a cobbled mule path to Agii Dekas village then along minor roads and tracks to Sinarades, where you might like to visit the Folk Museum (depending on opening times) and admire the picturesque architecture of this large village. Then the Trail leads along undulating tracks with very fine views over the west coast and inland to Pelekas. Later this afternoon you may like to take a walk up to another fine viewpoint at 'Kaiser's Throne' a favourite viewpoint of Kaiser Wilhelm II to watch the sunset. Today's 17.5km walk is expected to take around 6.5hrs with 700m of ascent.

Overnight: **Simple Hotel**
Single Room Available

 **Included Meals:** Breakfast

DAY 7 Walk to Liapades beach via Myrtilotissa

Half an hour's downhill walk takes us to Myrtilotissa, 'the so-called' loveliest beach in the world' (now used by nudists) and one of the Durrell family's favourites. Climbing now, we have to regain the height we have lost (and more), with a steep ascent on a gravel and concrete track. The west coast views are simply spectacular. Passing the village of Vatos, the terrain levels out and our way follows the bank of the Ropa River (with possible terrapin sightings), bordered by pastures and willow trees. Leaving the river, the Trail ascends into olive-blanketed hills, where tracks lead to Liapades, an ancient village full of lovely old mansion houses. We stay in nearby Liapades beach, a low-key resort. Today's 23km walk is expected to take around 7hrs with 700m of ascent.

Overnight: **Standard Hotel**
Single Room Available

 **Included Meals:** Breakfast, Dinner

DAY 8 Tour ends at Liapades Beach

Our tour ends after breakfast.

 **Included Meals:** Breakfast

Accommodation and Meals

Food & Drink

Included meals: 7 breakfasts, 0 lunches, 2 dinners included in the price of this trip. Please be prepared to pay for non-included meals. Please note that costs for drinks and meals can vary depending on location.

Budgeting for your Trip

You will need some extra money to cover meals and drinks not included in the trip price, any optional sightseeing, souvenirs and items of a personal nature such as laundry.

Food

The costs for meals may vary depending upon location, type of restaurant and number of courses eaten and so the prices given are an average guide. Local restaurants located off the beaten track may be less expensive, whereas an upmarket restaurant located in the centre of a major city may charge more.

Greece

Lunch £: 8.00 - 12.00

Dinner £: 12.00 - 16.00

Drink

The prices for drinks can vary greatly depending upon location and the prices detailed below are an average guide. In general you would expect that drinks purchased in a supermarket or local bar to be less expensive, whilst drinks in an upmarket bar or restaurant may be more expensive.

Greece

Bottle of Beer £: 3.50

Water £: 0.90

Other Sightseeing & Activities

The following excursions and/or activities are usually available and may be arranged locally. Estimated costs are provided below for guidance only, are on a per person basis unless shown otherwise, and may depend on the number of participants. Prices quoted are correct as of the date these tour notes were originally issued but may change at any time due to currency fluctuations.

Please note: These activities are booked and paid for direct with the supplier and do not form part of your Explore holiday contract.

Optional Excursions

Corfu Town - Allow approx. €15 for misc. entrance fees; Kanoni Peninsula €3.50.

Liapades Beach - Boat trip up west coast (depending on numbers booked) €15, (6 people min.)

Tipping - Tour Leader

At your discretion you might also consider tipping your Tour Leader in appreciation of the efficiency and service you receive.

Tipping - Local Crew

Although entirely voluntary, tipping is a recognised part of life in this region of the world. Some local staff will look to members of the group for personal recognition of particular services provided. In order to make things easier for you, the Tour Leaders may organise a group's tips kitty and if this is the case, they will account for it throughout the tour.

Foreign Exchange

Greece

ATM Availability: Cash can be drawn from ATMs from all types of cards in most areas in Greece, including the islands.

Credit Card Acceptance: In major restaurants.

Travellers Cheques: Banking hours may make exchanging Travellers Cheques more difficult.

Local Currency: Euro

Recommended Currency for Exchange: GBP Sterling or US Dollars, cash.

Where to Exchange: We recommend that you change any currency into Euros prior to arrival. Bureau de Change are generally only found in major cities and large airports

Joining your Trip

Flight Information

You are able to book this tour on a 'land only' basis or as a 'flight inclusive' package. Your flight inclusive package will be fully protected by the Civil Aviation Authority (CAA) ATOL protection scheme.

Booking a land only package with Explore

Customers who have chosen to book on the 'Land Only' arrangements of our tour, please ensure that you have checked your tour specific 'Joining Instructions' prior to booking your own travel arrangements. Your joining instructions can be found on our website at www.explore.co.uk, in the tour specific dates and prices section.

You may also be eligible for the Free Explore Transfer. For more information please refer to <https://www.explore.co.uk/transfers>.

Joining Tour Abroad

Customers booked on the 'Land Only' arrangements will now receive a Free Transfer, provided you arrive and depart on the tour only itinerary start and end dates. The transfers will be from the Explore designated airport or train station to the joining point of your tour, and then back from the ending point to the designated airport or train station. The exception to this rule is customers who are booked on a tour where the joining and ending point is at the designated airport or train station.

Free transfers are not available for Self-Guided, Tailormade or Tours for Churches customers.

If you are not eligible for the Free Transfer then you will need to make your own way through to the joining and ending point. On a majority of our tours Explore will be able to provide a private transfer at an additional cost. Please ask for a quote at the time of booking.

For more information regarding the Explore Free Transfer please refer to <https://www.explore.co.uk/transfers>.

Booking a flight inclusive package with Explore

We have a good selection of flights not only from London but from many regional airports around the UK allowing us to compare fares between scheduled carriers as well as low cost and charter airlines. Our dedicated flights team will match the best flight options to your arrival and departure airport.

On our website we display a UK flight inclusive package guide price which is generally based on a London departure. To avoid paying supplements or to secure your preferred flight option, we recommend booking as early as possible, especially for peak travel dates.

Important Information

Travel Insurance

It is a condition of booking with Explore that you have adequate valid travel insurance. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. If you are trekking at altitude please ensure that there is no upper altitude limit which may limit or exclude cover for your trip. Medical and repatriation insurance cover is not mandatory for UK residents who are travelling on trips within the United Kingdom.

EXPLORE!

The Adventure Travel Experts

CAMPBELL IRVINE
DIRECT TRAVEL INSURANCE



Travel Insurance is essential. If you have not already arranged cover, please contact our recommended Travel Insurance providers www.campbellirvinedirect.com/Explore who offer Travel Insurance specifically designed to cover travel with Explore or call **Campbell Irvine Direct** on Tel: 020 7938 1734

Explore Worldwide is an Introducing Appointed Representative of Campbell Irvine Ltd who are authorised and regulated by the Financial Conduct Authority.

Travel Aware

We strongly recommend that you check your government's travel advisory for up-to-date information and advice about your destination: safety and security, entry requirements, health, local laws and customs. For UK Foreign and Commonwealth Office Advice follow the link at www.explore.co.uk/travel-safety

We strongly advise that you register with the FCO to receive updates to the travel advice for your chosen destination. A hard copy of the current FCO Travel Advice for your chosen destination is available by contacting cr@explore.co.uk or 01252 379438.

Under 18 immigration guidance

Please note that some countries require proof of parental consent when travelling overseas with under 18s. Please check requirements with the relevant embassy or consular office well in advance of travel if this applies to your party.

Visa Information

Greece: Visas are not required by UK, Australian, New Zealand, US and Canadian citizens. Other nationalities should consult their local embassy or consular office.

If you do require assistance in obtaining a visa then you may consider applying through Explore's recommended visa service in the UK, Travcour. See www.travcour.com to download the relevant visa application for your trip, if applicable (UK citizens only), along with details of how to apply for your visa through Travcour. The Team at Travcour will be happy to answer specific questions relating to visa applications, please call them directly on 0208 5431846.

Vaccinations & Protection

Greece

Nothing compulsory but we recommend protection against tetanus and polio. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found by following the NHS and NaTHNaC links at <http://www.explore.co.uk/Travelhealth/> and from your local healthcare provider. Visa and vaccination requirements are subject to change and should be confirmed before departure.

Preparing for your Trip

DAILY DISTANCES

Day 2	9.6km	3.5hrs
Day 3	20.5km	6.5hrs
Day 4	20km	6hrs
Day 5	18.5km	6hrs
Day 6	17.5km	6.5hrs
Day 7	23km	7hrs

Maximum Altitude on Trek (m)

576

Trekking Details

This is a 6-day hike with an average of 4 to 6 hours of walking a day. We follow footpaths, tracks, minor roads and beaches, reaching an altitude of 576m. This trek has been graded as moderate.

Walking Boots

Well broken-in walking boots are essential.

Trekking Terrain

Walking Grades and Fitness - Walking on the Corfu Trail is generally on rough footpaths, cobbled mule paths, dirt and gravel tracks, minor roads and beaches. The highest point reached is 576m.

Climate

Greece

Greece has predominantly hot, dry summers, May - October with temperatures reaching into the mid thirties in July and August. May and October themselves can be less predictable and may have some rain and cooler evenings. Wild flowers bloom in April and May adding much colour to the trails. At the beginning and end of the season the villages tend to be very quiet. Seasonal weather patterns can be unpredictable. Up to date information on the weather worldwide can be found by following the BBC weather link on this page.

Clothing

Weather is changeable in the mountains and it can become cool, especially at night, so bring a warmer jacket/fleece. A water and windproof coat is essential at all times in case of the odd shower or quickly changing mountain weather. Also take a warm hat. Whilst walking you may prefer to wear shorts, but carry lightweight long trousers for narrow footpaths, where thorny vegetation may scratch bare legs. Also, carry a long-sleeved shirt for protection against the sun, and a sunhat. Don't forget your swimming costume and towel.

Equipment

Take a towel, a water bottle, sunglasses, torch and sunscreen. You may find trekking poles useful for certain sections of the Trail. Take binoculars if you have an interest in birdwatching. You may also wish to bring a swimming costume.

Footwear

Walking sandals are ideal to wear when crossing beaches but these, if brought, should be in addition to walking boots. Bring comfortable shoes for relaxing in and evenings.

Luggage: On Tour

You will be carrying only your daysack during the walks and main luggage shall be transported from hotel to hotel by car.

Luggage allowance on trip: 20kg

General Information

Country details

Greece

Population: 11,305,118

Size of Country: 131,990 sq km

Major Language: Greek

Religion: Orthodox

Time Difference to GMT: +2

Electric Supply & Plugs

Greece

2 Pin Round

Why Choose Explore

We've been creating award-winning pioneering adventure holidays for over 30 years, earning the trust of thousands of delighted customers, who feel safe in our hands. Our tour leaders have expert local knowledge and our tours are designed to take you off the beaten track to see the most exotic, inspiring and dramatic places in the world.

- With over 30 years' experience, we are passionate about what we do.
- Pioneering small group adventures, self-guided, private journeys & tailor-made holidays.
- Award winning tour leaders who you can trust.

- Responsible travel is and always has been one the driving principles of Explore.

Our adventure holidays are full of exciting things to see and do, exploring in small groups travelling by bus, boat, plane, rickshaw, camel, or any number of unusual forms of transport. Often you will stay in family run hotels and village houses and enjoy authentic local cuisine. In this way, it's easy to discover the true heart of the people and the place you travel to – and make some new friends along the way. Each tour is uniquely different, so please feel free to browse through our tours to see what may whet your appetite.

Cool Earth

Explore are proud to support Cool Earth in their effort to reduce global carbon dioxide levels through the prevention of deforestation in the South America rainforest. Cool Earth focus on areas in immediate danger of deforestation, supporting local communities to be forest guardians. To date 350,000 acres of rainforest has been protected. Saving rainforest also protects rare animals and plants, allows local forest communities to maintain their way of life, and protects a major source of oxygen and fresh water. When you travel on an Explore holiday we make a donation to Cool Earth that exceeds the impact of our customers flights each year.

Earth Matters

We are passionate about sustainable travel and work hard to create tours where your holiday delivers real benefits to the local communities. We minimise our impact by travelling in small groups, respecting local cultures, reducing waste and offsetting 100% of the CO2 from our flights.

When you travel with Explore, you are directly contributing to local economies and helping empower the people you meet. We currently support a range of charities and good causes, including: Toilet Twinning (helping to flush away poverty), Lone Buffalo Foundation (a community project based in Laos providing creative skills for young people) and have recently supported women's cooperatives in Borneo and Morocco. We are a member of Tourism Concern's Ethical Tour Operator Group (www.tourismconcern.org.uk) and support their campaign for fair and ethical tourism. We also care passionately about the world's wildlife and actively support and promote the Born Free Organisation and Mahouts Elephant Foundation.

Booking Your Holiday

Peace of mind - book with confidence

You can book your Explore holiday with confidence, as all monies paid to us for your trip are fully protected. Explore is a fully bonded tour operator licensed by the Civil Aviation Authority (CAA) and by ABTOT.

The air holiday packages (Tours including flights) that we advertise are ATOL protected, since we hold an Air Travel Organiser's Licence granted by the Civil Aviation Authority. Our ATOL number is ATOL 2595. In addition, As a member of the Association of Bonded Travel Organisers Trust Limited (ABTOT), Explore has provided a bond to meet the requirements of the Package Travel, Package Holidays and Package Tours Regulations 1992. Please note that packages booked outside the UK are only protected when purchased directly with Explore.

Reserving your place

To reserve your place on this tour you will need to check availability on the Explore website or through our dedicated call centre based in the UK where you can. Our tours can fill up quickly so you are advised to book as early as possible. If your chosen date is 'Available' or 'Guaranteed' we will be able to provisionally hold you a space for up to 48 hours.

For Self-Guided holidays and Private Journeys simply choose your date of travel and let us know so we can confirm all ground services.

The easiest way to confirm your booking is through our website. When you are ready to book, we normally require a 10% non-refundable deposit, but for some holidays this may be more to cover such items as permit fees, internal flights or other non-refundable services. If your travel starts within 60 days of booking, full payment will be required at the time of booking

100% No Surcharge Guarantee

The price paid for our holidays is no longer subject to change. Once booked and confirmed we will guarantee the price you pay will not increase, whatever the circumstances. You will not be approached to pay fuel surcharges unlike the vast majority of other adventure tour operators. The price guarantee applies to all new bookings departing between 1st January 2016 and 31st December 2017.

Trip Itinerary Versions

Itinerary details may vary depending on departure date and alternative itineraries for this tour may exist. Please refer to the dates and prices page on our website to check which itinerary operates on each departure date.

Please ensure that you have an up-to-date copy of these tour notes immediately before you travel, as from time to time our itineraries may be amended, either for operational reasons or in response to feedback from customers. You will be informed of any major changes to your tour but small changes may just be added to these tour notes.

Please note: 2017 itinerary versions are applicable to tours departing in 2017. 2018/19 itinerary versions are applicable to tours departing from 1st January to 31st December 2018.

These trip notes were printed on 20/08/2017 19:23:24